



Emergency Preparedness Activity Booklet



Emergency Services
Haldimand County

Welcome to the :

Haldimand County **Emergency Preparedness** Activity Booklet.

Emergencies can happen anytime and anywhere, it is important that we talk to our children about what to do in an Emergency.

This Emergency Preparedness Activity Booklet is a starting place for you to have the conversations with your children and open the door to explaining what to do and what not to do should an Emergency occur. This booklet is a fun way to explore this topic and create teaching moments to help keep your children and the children within our community safe.

Include your children in developing Emergency Plans and get them involved in preparing your 72 hour Emergency Kit.

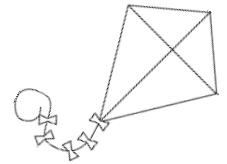
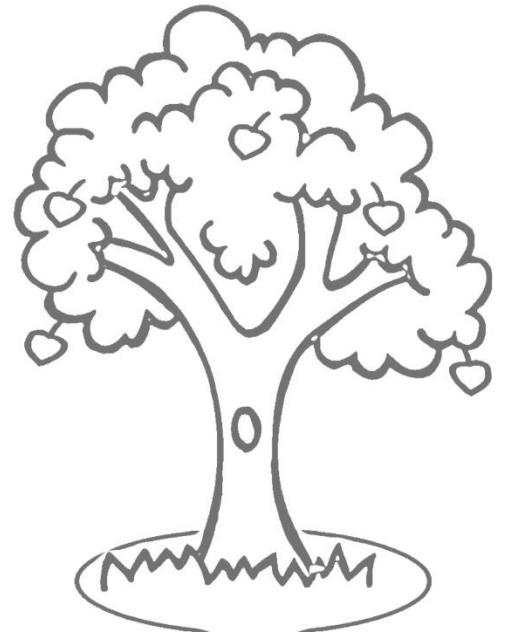
Take your time and go through this booklet with your children and allow them the opportunity to ask question and discuss with you, what to do in an emergency .



Look for the Stop signs on the answer pages in the back to assist with discussion.

Take Care and have a Safe Day

Haldimand County Emergency Services



Colour the Page

Then : Place a ✓ on what *TO* do

Place an X on what *NOT* to do



STAY INSIDE
during a Storm to
KEEP SAFE



Colour the page and draw things
in the house

Then : Place a ✓ on where *TO* Go

Place an X on where *NOT* to Go

GET INSIDE

Safest Place is in the Basement

AWAY from WINDOWS





Colour the picture

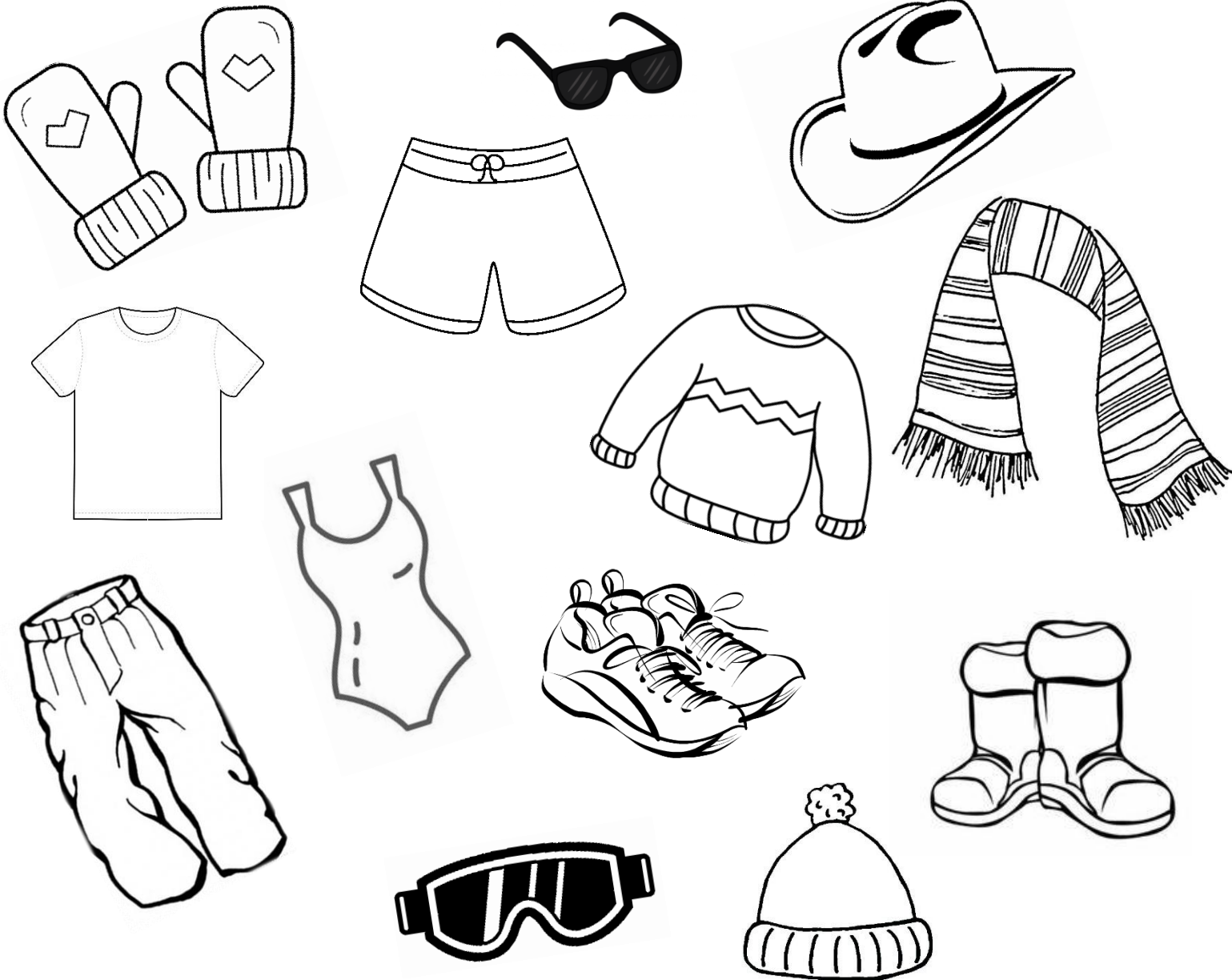
Then place a ✓ where you
should be and an X where you
should not be during a flood

**DO NOT PLAY IN
THE FLOOD WATER**

It is Dangerous



Winter Weather- Lets Go Play



Colour the picture

Then place a ✓ on what to wear

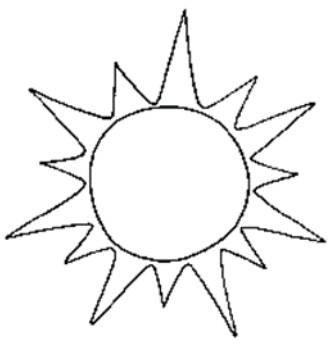
Place an X on what not to wear



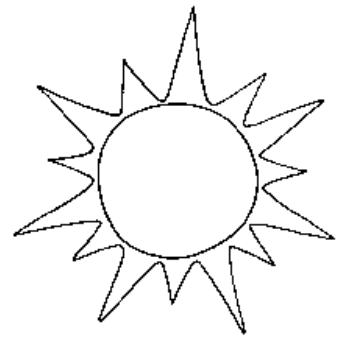
KEEP WARM

Wear the Right

SNOW Clothes



IT'S SO HOT



H	T	V	E	S	A	S	H	O	R	T	S
A	H	C	O	P	L	B	S	S	E	E	U
T	S	H	I	R	T	R	U	L	A	F	N
F	W	E	A	L	D	S	M	P	O	I	G
N	U	F	Q	L	A	H	T	T	H	O	L
Z	G	O	N	R	T	A	V	B	U	A	A
E	M	S	S	N	M	D	A	O	R	A	S
S	U	N	S	C	R	E	E	N	D	L	S
M	T	S	Z	E	O	O	R	B	U	L	E
A	E	V	T	B	P	W	R	I	M	E	S
F	D	A	G	H	P	O	Y	O	X	R	P
W	W	Q	I	U	T	H	O	T	A	B	H
K	O	S	S	L	P	D	D	L	I	M	Z
S	I	N	A	F	G	M	A	O	T	U	E

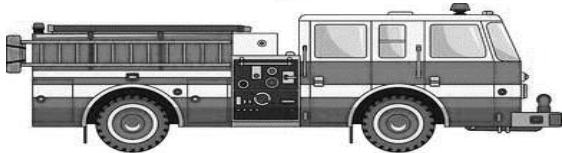
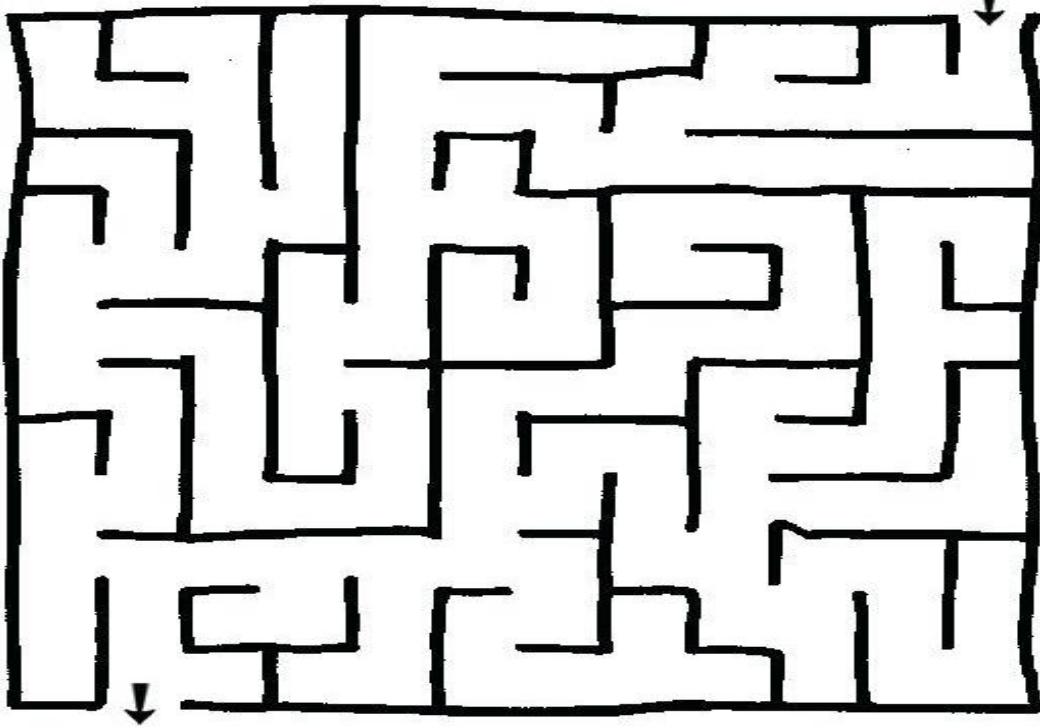
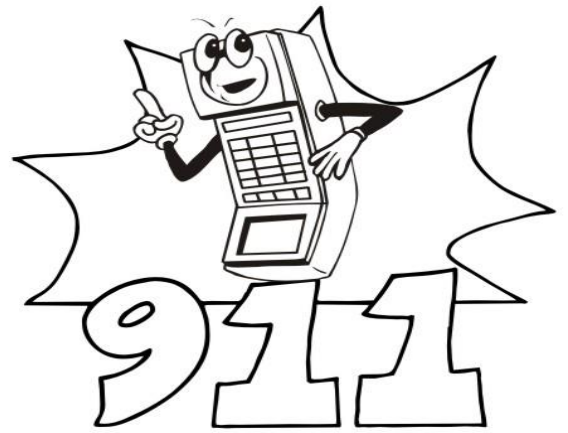
HOT	SHADE	POOL	FUN
SUNSCREEN	SHORTS	HAT	UMBRELLA
WATER	SUNGLASSES	FAN	TSHIRT

Find the words in the puzzle
 They can be forward, backward, up,
 down or diagonal



Drink Water
 & **Stay in the SHADE**
 on **HOT** Days

EMERGENCY NUMBER



In an Emergency

Call 9-1-1

Firefighters

Paramedics

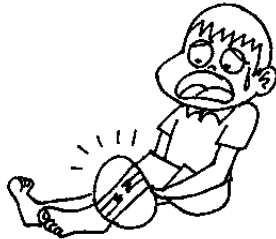
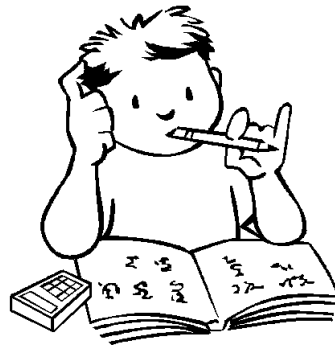
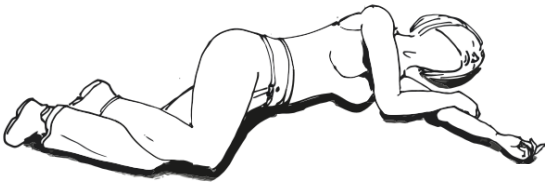
Police Officers

are here to Help

Colour the Page

Then help the 911 Phone call go through the
maze to reach the Police- Fire - Ambulance

When Do You Call 9-1-1 ??



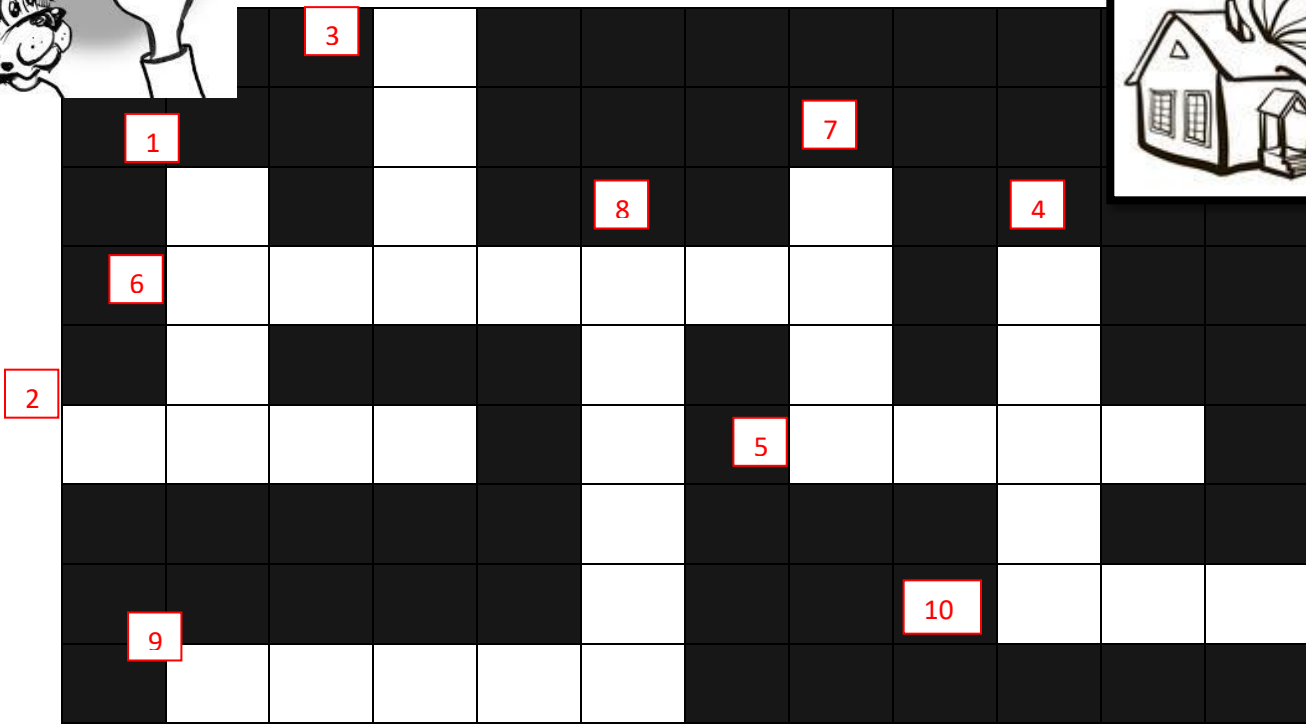
Colour the Page

Then put a ✓ for what an EMEGENCY is
Put an X what is NOT an Emergency



9-1-1

is for
EMERGENCIES



- 1- If your clothes catch on Fire ---Stop--- Drop and _____.
- 2- Talk to an Adult about your FIRE ESCAPE _____.
- 3- If a Fire starts in your house, go outside right away and Go to your Meeting _____.
- 4- If there is Smoke in the room, never walk but _____ out of the house quickly.
- 5- Never _____ with Matches.
- 6- If a Fire starts, *NEVER HIDE* inside but go _____ right away.
- 7- Firefighters will come to _____ when you call 9-1-1 .
- 8- Don't go back _____ for your favorite toy.
- 9- It is important to keep working batteries in your _____ detectors.
- 10- Cover a burning pot on the stove with the pots' _____.

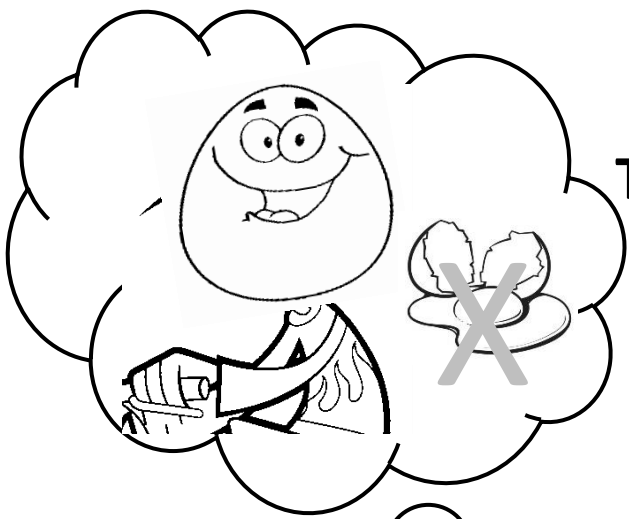


PLAN SPOT CRAWL LID SMOKE
 PLAY HELP INSIDE ROLL OUTSIDE

Use the Words in the box to fill
 in the Crossword Puzzle



**Fire Safety is
 Very Important
 Be Prepared**



Think of your Head like an Egg

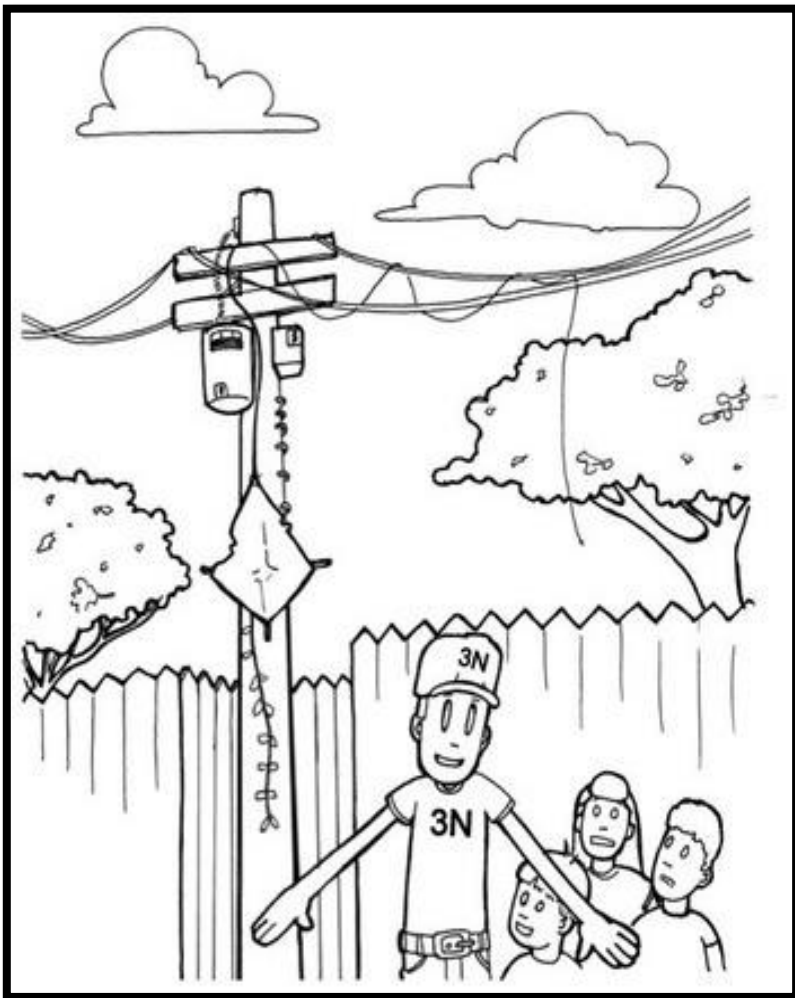
THINK BEFORE
You Roller, Scoot or Ride



Colour the Page
COLOUR the X Red
(over the broken egg)

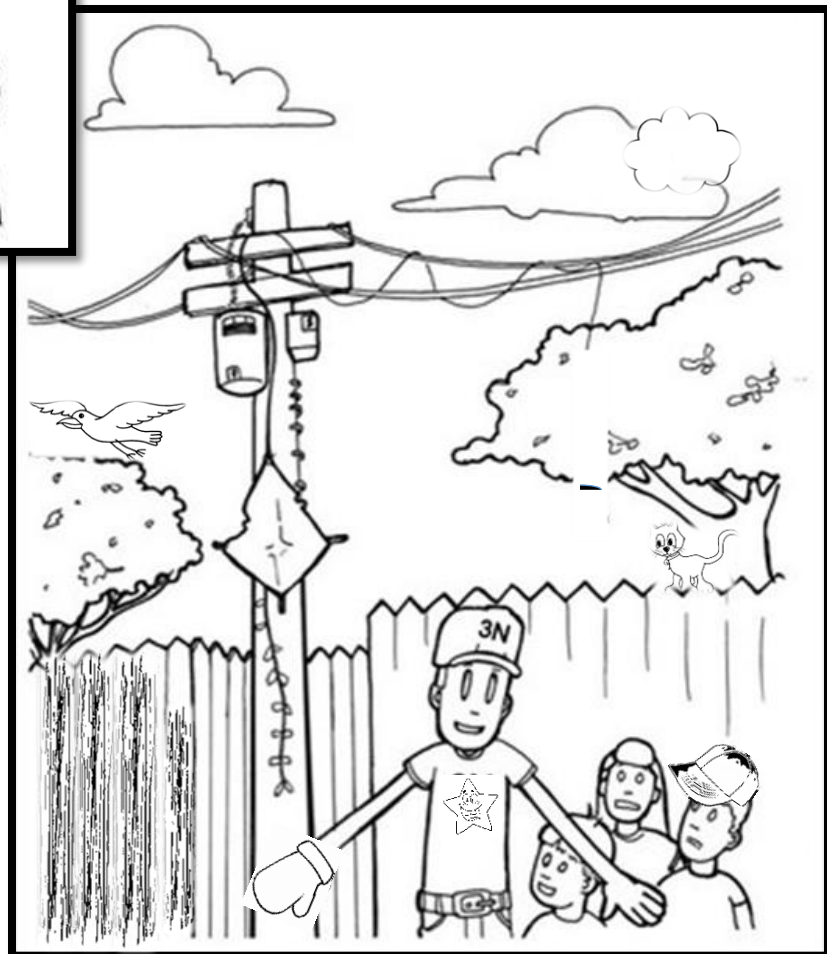


HELMETS protect your
Head
Any Little Bump can
Crack It



ZAP!

Find the 8 Differences
between the two
pictures



POWER Lines are VERY
Dangerous ,
DO NOT TOUCH THEM
by Hand or with an
Object





ANSWER PAGES



72 Hour
EMERGENCY
Kit



Inside your House is the Safest Place to be during a thunder and lightening storm

Lightening likes to strike high and shiny things, so stay away from trees and metal objects

Inside your House is the Safest Place to be during a thunder and lightening storm

Lightening likes to strike high and shiny things, so stay away from trees and metal objects



Heavy winds and tornados like to smash things and throw things. In the basement of your house is the safest place to be and stay away from any windows. If you do not have a basement keep as many walls between you and the outside as possible and stay away from windows. If you are outside, stay as low as you can in a ditch – Always cover your head to protect it form flying objects.



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Flood waters can move very quickly and can sweep you off your feet and make it difficult for you to swim. Flood water are also very dirty and can have bad bugs in it that can make you very sick. Flood waters can also get very deep quickly- stay in the upper level of your house or area for safety. Listen carefully to Emergency Responders as you may need to leave and go to a safer area

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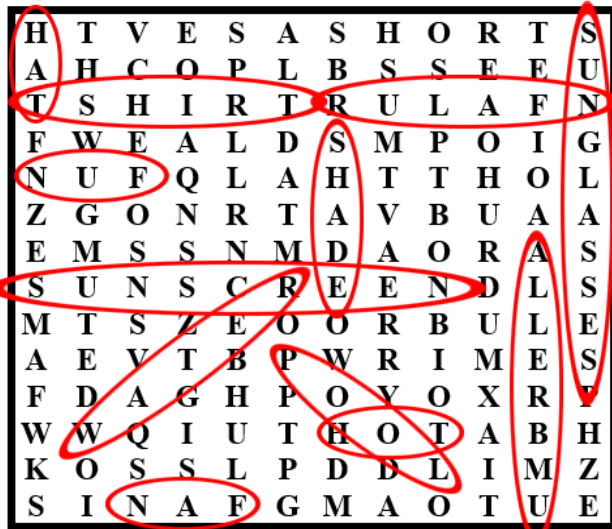
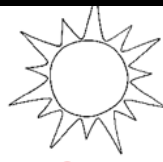


The Winter Weather is a lot of fun to play in but you must dress warmly so your body and skin don't freeze. You don't have to be outside very long in the freezing cold to have this happen. It can also get very hard to see in a snow storm and make it hard for you to find your way home, *NEVER* go out without an adult knowing where you are going!

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IT'S SO HOT



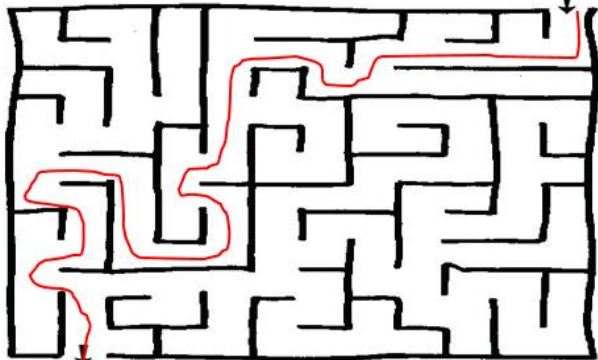
HOT	SHADE	POOL	FUN
SUNSCREEN	SHORTS	HAT	UMBRELLA
WATER	SUNGLASSES	FAN	TSHIRT

Our Bodies need water in them to survive. When it is a super hot day, the sunshine takes the water from our bodies, so it is important to drink water to re- fill us. The sunshine feels nice but it can burn our skin and make it very sore – playing under a shade tree or an umbrella is the best for our skin- Stay inside in air conditioning or a fan so our bodies don't get too Hot



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EMERGENCY NUMBER

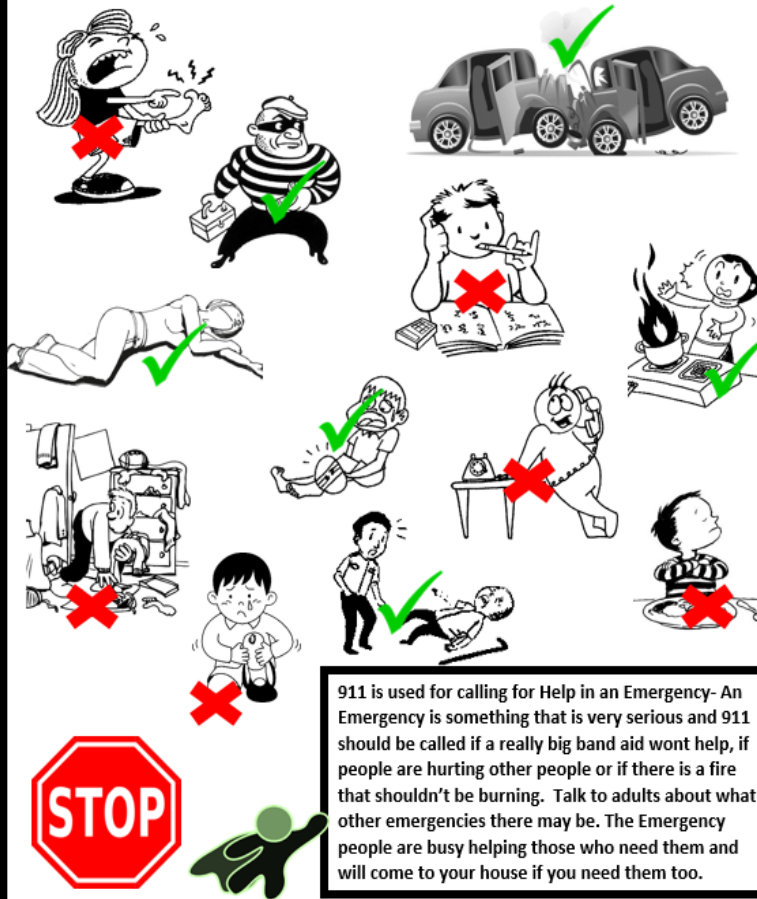


When you call 9-1-1 on your phone- the person that answers the phone will ask you if you Need Police, Fire or Ambulance to come. You can tell them what the problem is and they will make sure someone comes to help you. If you don't say anything or just hang up the phone, a Policeman will come to your house to see if you are ok



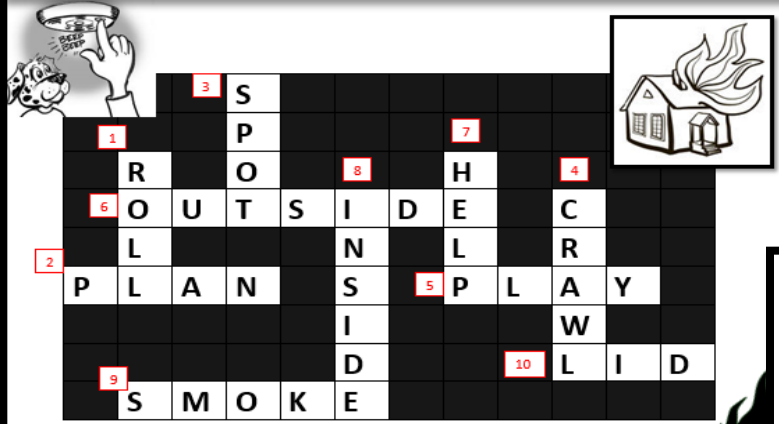
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When Do You Call 9-1-1 ??



911 is used for calling for Help in an Emergency- An Emergency is something that is very serious and 911 should be called if a really big band aid wont help, if people are hurting other people or if there is a fire that shouldn't be burning. Talk to adults about what other emergencies there may be. The Emergency people are busy helping those who need them and will come to your house if you need them too.

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- 1- If your clothes catch on Fire ---Stop--- Drop and ROLL _____.
- 2- Talk to an Adult about your FIRE ESCAPE PLAN _____.
- 3- If a Fire starts in your house, go outside right away and Go to your Meeting SPOT _____.
- 4- If there is Smoke in the room, never walk but CRAWL _____ out of the house quickly.
- 5- Never PLAY _____ with Matches.
- 6- If a Fire starts, NEVER HIDE inside but go OUTSIDE _____ right away.
- 7- Firefighters will come to HELP _____ when you call 9-1-1 .
- 8- Don't go back INSIDE _____ for your favorite toy.
- 9- It is important to keep working batteries in your SMOKE detectors.
- 10-Cover a burning pot on the stove with the pots' LID _____.

PLAN SPOT CRAWL LID SMOKE
PLAY HELP INSIDE ROLL OUTSIDE

It is Important to plan and practice an escape out of your house. Children need to know what to do in an EMERGENCY before it happens. Draw a plan, pick a meeting spot outside and practice the ESCAPE.
Practice STOP-DROP- ROLL



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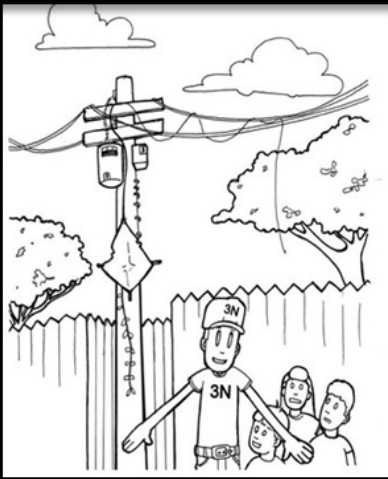
THINK BEFORE
You Roller, Scoot or Ride



Your Head is a very important part of your body and very little can be done to put it back together if broken. Whether you are roller blading, skating, scootering, biking, or playing contact sports- The helmet is there to help protect you. Play Safe... A head injury can be a life altering event. Even a tricycle can cause an injury that could be life changing. Set an example- WEAR your HELMET



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ZAP!

If anything comes in contact with a power line it will be Zapped- including anyone that it touching the object. NEVER play around power lines and tell an adult if you see a line laying on the ground.



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