



Grand Viewpoints

February 2021

Administrator's Message

Here are some quick updates and answers to some of the common inquiries we receive.

January 2021 GVL COVID-19 Outbreak.

- Resolved as of January 29, 2021
- Transmission within the home was minimal
- There was no Resident involvement

COVID-19 Testing

- Ministry of Long Term Care (MOLTC) legislation mandates that essential caregivers are required to show proof of a negative swab every seven days. Please note that a 7-day period includes the day you tested negative and six additional days thereafter. For example, a 7-day period would be Monday-Sunday not Monday-Monday.
- Screeners are required to check the dates on the documentation to ensure we comply with the MOLTC directives.

COVID-19 Vaccinations

- To-date Grandview Lodge has had one vaccination day which was held on January 14, 2021.
- We have not received any information regarding additional vaccinations for Residents who were missed for varying reasons on the vaccination day.
- We have not received any information about a vaccination timeline for essential caregivers.
- We do not have a set date for the administration of second doses for Residents. The following message was received from Haldimand and Norfolk Public Health Unit; "The provincial guidance prioritizes second injections among people who live in LTCH. I anticipate this will happen in February, but this is dependant in vaccine availability and provincial policy."

Finance

- 2020 Income Tax receipts for Summary of Accommodation will be sent out in February.

Valentines

- Deliveries of boxed candies or chocolates, flowers and cards can be dropped off between the main doors on February 12th and 13th and will be delivered on February 14th.
- Please take the time to fill out GVL's MY FUNNY VALENTINE cards for our staff which are attached to this newsletter. We will have a drop box at the front entrance for these as well and will sort them and deliver them to the staff on Valentines Day.

Resident/Family Satisfaction Survey 2020

Included with this Newsletter is the Resident/Family Satisfaction Survey for 2020. Please take the time to complete the survey and return to Grandview Lodge by **Friday, February 12th, 2021**. Your voice counts and we want to hear from you!



Our hearts are full as we remember the reason why we come to work each day. Happy Valentines Day to all Grandview Lodge residents, family and staff.

*Jennifer Jacob,
Administrator*

Practiced Philosophy of Care

When Grandview Lodge built our goals for the years 2019 – 2022 into a strategic plan, we dedicated ourselves to renew our commitment to Practice our Philosophy of Care. This past year has provided for ample opportunity to demonstrate each element of our Mission, Vision and stated Values statement. It has challenged us all personally and professionally. The nursing team has decided to make 2021 the year to focus on these goals and we have developed a plan to pull the pieces apart month by month to focus our attention on each aspect individually, while continuing to strive to meet these obligations to our Residents and Families on a daily basis.

January	• Mission Statement
February	• Governance
March	• Respect
April	• Accountability
May	• Nurturing
June	• Dignity
July	• Visionary Leadership
August	• Inclusivity
September	• Excellence
October	• Working together as a team
November	• 7 A's of Dementia/Montessori Philostry
December	• Vision Statement

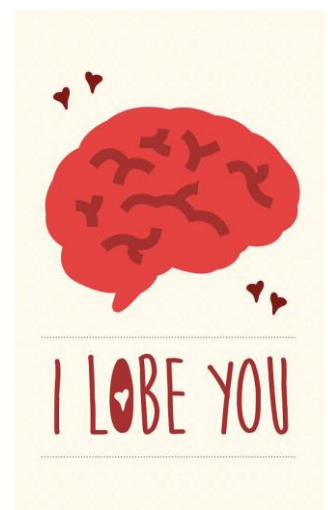
Each month the identified focus will be highlighted and discussed in our monthly home area meetings on Wednesday mornings. A bulletin board will be dedicated to the "Value of the Month". A brief description of what the value asks of us will be outlined and staff will be encouraged to leave a note to thank a co-worker for living the value.

January is dedicated to our Mission statement:

"With Comfort Compassion and Care, the Grandview Lodge community supports a meaningful life for Residents."

This is tagged in the signature line of our emails in the hope it is always on our minds and our correspondents see this as our intention.

We sometimes shorten it to the "3 C's" when we discuss it among ourselves. My two favorite words in the statement are community and supports. *Community* reminds me that we are all equal; important in each others lives. Everyone brings something to the table. Relationships develop here. Residents with residents, Residents with staff, staff with staff. *Supports*, replaced *provides* in our latest amendment and this was done as we believed it better described our relationship with our residents. It recognizes their own ability to continue to enrich their own lives. We felt it put our residents first. Which is always our intention!



*Kim Livingstone,
Assistant Director of Nursing*

Programs and Support

February 22nd- 26th is **Therapeutic Recreation Awareness Week** and this time last year we were certainly celebrating it very differently. As I reflect back to a year ago it's hard to believe just how much the Recreation Therapist roles have changed due to this pandemic. I'd like to take this time to acknowledge the wonderful and amazing job our recreation team at GVL has and continues to do. Our Therapeutic Recreationists have certainly proved just how important this role is with improving/maintaining the Residents' quality of life. Back in March, when we were in total shut down families/volunteers were not able to visit, large group programs were not to be had, no more entertainers were able to play and teaching residents about social distancing was becoming the new norm. Every day, the recreation staff are challenged with finding new ways to keep each and every resident's social, emotional, physical and psychological well-being intact. Window visits, phone calls, skype, zoom sessions were all new ways in how to keep family/friends connected with their loved ones. We had to learn new ways, teach new technology and adapt very quickly. The recreation team did this with the utmost grace, humility and courage in a time that was and still remains nerve-racking and uncertain. It's hard to believe that we are again in a lockdown but we hope to see the light at the end of the tunnel with more and more vaccines getting rolled out every day. One day soon, we hope to be back to some normalcy. I want to send a heart felt thank you and a job well done to the recreation team at Grandview Loge. As we say farewell to Amanda Case, we welcome Nicole Noort back from her maternity leave.

Gayle McDougall
Bev Little
Megan Herkimer
Nicole Leeney
Shelby Wolfe
Nicole Noort
Nynke VanLuik
Amanda Case

Let's not forget our Recreation Therapists during this pandemic! We are the backbone for our patients right now; providing FaceTime/Skype opportunities to remain in contact with loved ones, trying to maintain patient QOL and promoting the psychosocial well-being while complying with social distancing efforts. Go RT's! We're all in this together! Share with a fellow CTRS ❤️

I wanted to share this post someone shared with me via Facebook. Celebrating Therapeutic Recreation week will be different, but I just have to say I could not

have asked to work with a better team through one of the toughest years I have ever experienced in LTC and in the recreation field. Please take time in the week of February 22nd – 26th, or really any time, and thank our amazing recreation staff for a job well done!

Next Residents Council Meeting – February 25th, 10:00 a.m. Home Areas – All Residents are welcome to attend.

Next Family Council Meeting – February 28th, 2:00 p.m. Virtual – all Families are welcome to attend. Please contact me if you would like to be a part of our Family Council!



Amy Appel,
Supervisor, Programs and Support

Facility Operations



We hope you made the best of the holiday season and wish you a Happy New Year from the Environmental Services Teams!!

As we move into the wintery months, please know you're maintenance staff works continually to ensure all of our walking paths are free and clear of ice and snow.

We have our parking areas maintained by a third party contractor, should there be any concerns please feel free to reach out to Kellen Mowat with any questions or concerns.

With that, a general reminder to be prepared for our winter weather conditions. Below are some general tips for walking in these wintery conditions:

1. **Anticipate Ice** – Pavement that appears to be wet may actually be black ice. Approach it with caution. A drop in temperature of just a few degrees can cause melted ice/snow to refreeze, making surfaces particularly slick.
2. **Keep your hands free** – Having your hands in your pockets decreases your balance and prevents you from breaking your fall if you slip. In fact, extending your arms out to the sides can significantly improve balance. Be sure to wear gloves or mittens for warmth and keep those arms free!
3. **Take slow, short steps** – Take the time to plant your feet securely with each deliberate step. Grab onto a railing or other sturdy fixture for extra security.
4. **Improve your center of gravity** – Increase your stability by pointing your feet slightly outward and keeping your body weight directly over your feet as much as possible.
5. **Wear proper footwear**



*Kellen Mowat,
Supervisor, Facility Operations*

Dietary Services – For the Love of Chocolate

February 14th is of course Valentine's Day and a great excuse for eating more chocolate. Here are some fun facts about Chocolate:



- 1) Eating Chocolate does not cause acne.
- 2) Chocolate is not an amphetamine and therefore does not make you feel good.
- 3) At one time cocoa beans were the local currency in some parts of Central America.
- 4) Chocolate does contain sugar, a lot of it, but it is lower on the glycemic index than sugar by itself.
- 5) The 1st Chocolate Chip Cookie was made in Whitman, Massachusetts in 1937.
- 6) Milk Chocolate was invented in 1875 by Daniel Peter and Henry Nestlé.
- 7) Nabisco uses 37 million pounds of chocolate in their "Chips Ahoy" cookies every year.

*Gary Arenburg,
Supervisor, Dietary Services*

Follow the instructions and when you are done, the remaining words will form a message reading from left to right, line by line.

1. Cross off all 4 and 5 letter words that contain U.
2. Cross off all 6 letter words formed from letters in the first half of the alphabet (A—M).
3. Cross off all 2 letter words that do not contain S.
4. Cross off all words that appear one square below a 3 letter word.
5. Cross off all 5 or 6 letter words that can be rearranged to spell the name of a colour.



A	B	C	D
PURE	LIABLE	OF	LOVE
BEHALF	IS	FAÇADE	JULY
THE	WIND	CAROL	TO
WINTER	ROMANO	THE	GENRE
ADULT	TIDE	SO	THE
WAVES	BE	THE	ATTEMPT
SLIVER	CHEAP	RAIN	SUNSHINE
ITS	GIGGLE	POWER	GROUP
AS	IS	BY	INCACULABLE

Shakespeare's Sonnets

Use each word in the Word Bank once to complete the poems

Sonnet 18

Shall I compare thee to a _____ day? Thou art more lovely and more temperate:

Sonnet 23

O! learn to _____ what silent love hath writ: To hear with eyes belongs to love's fine wit.

Sonnet 46

As thus: mine eye's due is thine outward part, And my heart's right, thine _____ love of heart.

Sonnet 53 Describe Adonis, and the counterfeit is poorly imitated after _____;

Sonnet 61

O, no! thy love, though much, is not so great: It is my _____ that keeps mine eye awake:

Sonnet 75

So are you to my thoughts as _____ to life, Or as sweet-season'd showers are to the ground;



Sonnet 91

Thy love is better than high birth to me, Richer than _____, prouder than garments' cost,

Sonnet 105

Kind is my love _____, tomorrow kind, Still constant in a wondrous excellence;

Sonnet 116

Love alters not with his brief _____ and weeks, But bears it out even to the edge of doom.

Sonnet 123

This I do _____ and this shall ever be; I will be true despite thy scythe and thee.

Word Bank

*summer's
hours*

*inward
wealth*

*today
food*

*vow
you*

*read
love*

Meet Our New Resident

Mary (nee Scott) Middler was born on January 4, 1920 in Lancashire, England. Her father immigrated to Canada, found work in Hamilton, and sent for the family. Mary had her fourth birthday on the boat, and remembers arriving at Liuna Station, with her Dad waiting, and holding a huge doll for her.

The family moved to Dunnville when Mary was eight, and she attended both Dunnville Central and Secondary schools. She graduated at 16, and then attended London's Teachers College. Mary started teaching in 1938 at S.S. #3 Sherbrooke, at Stromness, in a one room schoolhouse with 50 pupils and two teachers. Transportation back to Dunnville was difficult, so she boarded at Colonel McCallum's mansion. During the war years she also taught at North Cayuga and Grandview schools. In 1945 Mary was teaching at S.S. #4 Mount Carmel (now Anna Melick) where she was responsible for 40 students, in eight grades, and a tricky woodstove. Mary was the first off and last on Mr. Pettigrew's bus route by the school.

Mary was at Inman Road School, and then at Dunnville Central for 20 years. From 1970 to 1981 Mary taught English and history at Senior Public School.

Mary taught in Haldimand for 37 years, and through all this time she raised her family and cared for her parents. She attended night school and summer school for years, and in 1971 received her B.A. from McMaster.



Mary has been a member of Grace United Church for 87 years, and a life member of the UCW. She belonged to "Sweet Adelines" group, and when retired volunteered at the hospital and Grandview. She enjoyed travelling, especially trips to England.

Mary had two brothers, Arthur and Wes, who retired to Dunnville.

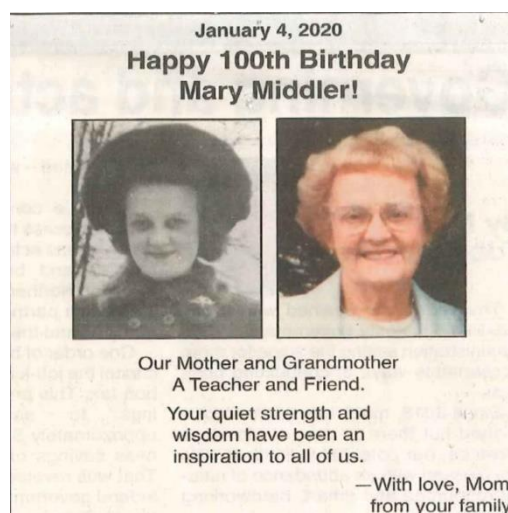
Her two daughters live in Dunnville, and she has four Grandchildren and eight great-Grandkids.



We all have wonderful memories of great meals and family celebrations, her peach cream pie is THE BEST! Mary's constant wisdom and compassion make 'Mom', 'Grandma' and 'Aunt Mary' so very special.

Mary lived in her own home until last year. She loves to read, especially history and current events, and enjoys good conversation. She moved to Grandview last year, and is enjoying her room, her view of birds and wildlife, and her chats with staff and residents.

Another chapter of a life well lived.



GRANDVIEW LODGE

657 Lock St W
Dunnville ON N1A 1V9

Phone: 905 774-7547
Fax: 905 774-1440
Web: www.haldimandcounty.ca

Mission Statement:

“With comfort, compassion and care, Grandview Lodge Community supports a meaningful life for residents.”

Contact us:

MANAGEMENT:

Administrator

Jennifer Jacob Ext 2224

IPAC Coordinator

Dana Swan Ext 2229

Supervisors, Dietary Services

Gary Arenburg Ext 2228

Kristen VanKuren Ext 2237

Dietitian

Barbara Grohmann Ext 2240

Director of Nursing

Jelte Schaafsma Ext 2234

Assistant Director of Nursing

Kim Livingstone 289-776-5185

Supervisor, Facility Operations

Kellen Mowat Ext 2241

Supervisor, Programs & Services

Amy Appel Ext 2233

ADMINISTRATION:

Resident Services Clerk Ext 2221

Accounts Clerk Ext 2222

Administrative Assistant Ext 2223

NURSES STATIONS:

Bridgeview Ext 2238

Creekview Ext 2262

Hillview Ext 2247

Marshview Ext 2261

RECREATIONISTS:

Nicole Leeney, HV Ext 2303

Bev Little, CV Ext 2200

Gayle McDougall, BV Ext 2302

Megan Herkimer, MV Ext 2301



With heavy hearts we
said goodbye to:

Judy Swick
Lorna Dykun

Physicians

Dr. Kamouna Attending Physician/
Medical Director

Dr. Ezzat Attending Physician

Upon request, the Director of Nursing may attend Physician appointments held at Grandview Lodge. Please see the registered staff in your home area.

The following services are available at Grandview Lodge:

Khurram Khan Physiotherapist

Bobbi-Jo Biggley Hairdresser &
Barber

Lisa Mederios, RPN Foot Care

Dr. McDonough Dentist

Vicki Lance, EDH Dental Hygienist

For more information regarding the above services or to book transportation for an off-site medical appointment (we have a van, fees apply), please call Lori Beale, 905 774-7547, ext. 2221.

HAPPY BIRTHDAY TO:

Emma Coverdale

Valerie Eckersley

Robert Flint

Douglas Hines

Johanna Kiers

Amy Nadeau

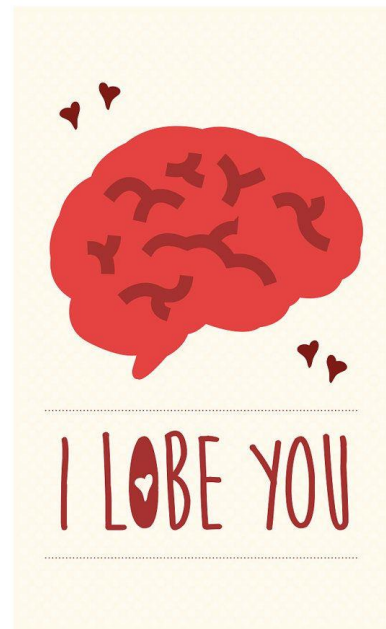
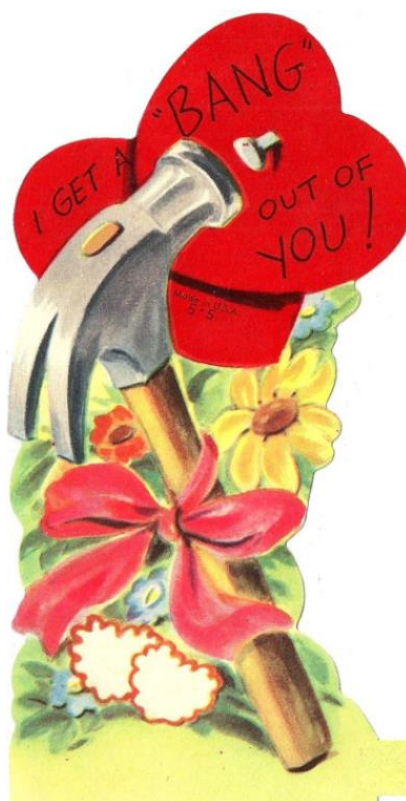
Roberta Nie

Antonetta Vanderstelt

Eric Weston

Need a Valentine's Note
to cut out and send to
your favorite staff
member in the drop box?

So happy you're
enema life!



Valentine's Day

B I N G O

14	20	39	48	69
11	29	43	58	65
15	28	TR	51	70
9	25	33	52	68
12	19	41	47	62