



2021

Grand Viewpoints

Administrator's Message

Essential Caregiver Vaccination

Haldimand and Norfolk Public Health Unit are implementing vaccination clinics in line with the provincial framework. Grandview Lodge has submitted our list of essential caregivers to public health and they will be contacting individuals to attend vaccination clinics pending the availability of vaccine.

Some Grandview Lodge essential caregivers have had an opportunity to receive vaccination at the home during our resident and staff vaccination clinics, this was to ensure that doses related to partial use of a multi-dose vial were not wasted and to advance the vaccination of our community members while keeping within the provincial framework. Thank you to those who made themselves available on short notice.

We are pleased to report that all resident second doses have and continue to be administered within the recommended time frame and that consenting staff have received first doses or second doses within the required time frame as well. Side effects from the vaccination clinics have been minor with no reports of significant adverse effects.

February Outbreak

At this time there is no evidence of transmission within the home. All residents are doing well and are thankful to have been vaccinated as this was a contributing factor for Public Health in the decision to keep residents in co-horts rather than room isolation.

Unfortunately the positive test was identified on the day of our vaccine clinic and, as a result any typical side effects of the vaccine that are also COVID-19 related, symptoms were treated as the latter and required those staff to be off work until a negative test was confirmed. This put significant staffing pressures on our dietary department and we want to thank Gary, Dietary Supervisor and all staff who stepped up to ensure any impact at the resident level was minimal. All resident and staff tests have come back negative.

We anticipate the outbreak to be declared over on March 3, 2021 as long as all residents and staff remain symptom free and all tests remain negative.

Once the outbreak is officially declared over by public health, Grandview Lodge will transition to the rapid testing for COVID-19 for our staff and essential care givers.

Below is an updated framework from the Ministry to help guide your visits and address testing protocols.

Thank you to all Residents, and visitors to Grandview, for your ongoing words of encouragement, support and willingness to "go with it" as we continue down this road together.

*Jennifer Jacob,
Administrator*

LTCH-Specific Requirements in the COVID-19 Response Framework Zones

	Green Zone Prevent	Yellow Zone Protect	Orange Zone Restrict	Red Zone Control	Grey Zone
<p>NON-RESIDENT TESTING (AS OF MARCH 15, 2021) – LTCH is not in outbreak and individual is not symptomatic</p> <p>Note: During the transition to the rapid Antigen Screening Test program, homes may continue to accept weekly (Orange/Red/Grey Zones) or bi-weekly negative PCR tests (Green/Yellow Zones). Homes should achieve key implementation milestones in accordance with the Minister’s Directive.</p>	<p>Staff, students and volunteers: An Antigen Test every other work day if at the home 3 or more times per week, up to a maximum of 3 times per week. An Antigen Test on the “day of” if at the home only one or two days in a week. Tests must be performed as soon as practically possible after starting a shift.</p> <p>Caregivers: Same as above however tests must be performed prior to contact with residents.</p> <p>Support workers and general visitors (where permitted – see Visiting Policy below): An Antigen Test on the “day of” regardless of how many times at the home in a week. Tests must be performed prior to contact with residents.</p>				
<p>VISITING POLICY – LTCH is not in outbreak and resident is not self-isolating or symptomatic</p> <p>Essential Visitors: A person performing essential support services [e.g., food delivery, inspector, maintenance, or health care services (e.g., phlebotomy)] or a person visiting a very ill or palliative resident. Support workers and caregivers are types of essential visitors.</p> <p>General Visitors: A person who is not an essential visitor and is visiting to provide non-essential services, or for social reasons.</p>	<p>Essential visitors are permitted to visit, including a maximum of 2 caregivers per resident at a time.</p> <p>A maximum of 2 general visitors are permitted to visit a resident at a time. Homes are encouraged to schedule 1 visit from a general visitor per resident per week, for a minimum of 30 minutes. General visitors must wear a cloth mask or face covering for outdoor visits, and a surgical/procedure mask for indoor visits.</p> <p>All visitors must be screened prior to entry.</p>	<p>Essential visitors are permitted to visit, including a maximum of 1 caregiver per resident at a time, and must be screened.</p> <p>General visitors are not permitted to visit.</p>			
<p>VISITING POLICY – LTCH is in outbreak and/or resident is self-isolating or symptomatic</p>	<p>Essential visitors are permitted to visit, including a maximum of 1 caregiver per resident at a time, and must be screened.</p> <p>General visitors are not permitted to visit.</p>				
<p>PPE</p>	<p>Staff: Must wear surgical/procedure masks for the entire duration of their shift. When not in contact with residents or in resident areas during their breaks, staff may remove surgical/procedure mask but must remain two metres away from other staff.</p> <p>Essential Visitors: Must wear a surgical/procedure mask while in the LTCH.</p>				

LTCH-Specific Requirements in the COVID-19 Response Framework Zones

	Green Zone Prevent	Yellow Zone Protect	Orange Zone Restrict	Red Zone Control	Grey Zone
	<p>General Visitors (where permitted – see Visiting Policy above):</p> <ul style="list-style-type: none"> • Must wear cloth masks or face coverings for outdoor visits and surgical/procedure masks when indoors. 				
OUTBREAK PROTOCOL	<p>If at least one resident or staff develops symptoms compatible with COVID-19, the LTCH should immediately trigger an outbreak assessment and take the following steps:</p> <p>Place symptomatic resident or staff in isolation under Droplet and Contact Precautions.</p> <p>Test symptomatic resident or staff (if still in the LTCH) immediately.</p> <p>Contact local public health unit to notify them of suspected outbreak.</p> <p>Test those residents and staff who were in close contact (i.e., shared room) with the symptomatic resident/staff and anyone else deemed high-risk by local public health unit.</p> <p>Ensure adherence to cohorting of staff and residents.</p> <p>Enforce enhanced screening measures among residents and staff.</p>				
COHORTING	<p>Cohorting practices are recommended including:</p> <p>Providing alternative accommodation to maintain physical distancing of 2 metres</p> <p>Resident cohorting by COVID-19 status</p> <p>Utilizing respite and palliative care beds and rooms, and</p> <p>Utilizing other rooms as appropriate.</p>				
ISOLATION POLICY	<p>During self-isolation or if a resident is suspected to be ill:</p> <p>When in self-isolation, residents must stay in a separate room away from others under Droplet and Contact Precautions.</p> <p>Where this is not possible, the resident may be placed in a room with no more than 1 other resident who should also be placed in isolation under Droplet and Contact Precautions.</p>				
STAFF MOVEMENT BETWEEN HOMES	<p>Any employee of a LTCH who performs work in the LTCH cannot also perform work:</p> <ol style="list-style-type: none"> a) in another LTCH operated or maintained by the licensee; b) as an employee of any other health service provider (e.g. hospital); or c) as an employee of a retirement home. <p>This may include registered nurses, registered practical nurses, personal support workers, kitchen and cleaning staff, etc.</p> <p>Employees that must temporarily leave another job in a care setting as a result of this order are entitled to unpaid leave of absence.</p>				

Rapid Testing

The Ministry of Health and Long Term Care has mandated for all LTC homes to transition to point-of-care rapid antigen tests for staff, student placements and volunteers, as well as caregivers, support workers, and general visitors. Caregivers, support workers and general visitors will undergo an Antigen Test on the “day of” visiting regardless of how many times you visit Grandview Lodge in a 7-day period. A negative antigen test result is required according to the above frequencies before you will be permitted to enter the home and have contact with a resident.

Why are long-term care homes being asked to start using antigen tests for surveillance testing of staff, students, visitors, and volunteers?

The Panbio™ COVID-19 Ag Rapid Test is an antigen test used for point-of-care testing that detects COVID-19 in ***15 to 20 minutes*** and makes it simpler and faster to identify potential COVID-19 positive cases that otherwise may be missed. It also preserves the provincial lab network's capacity and ability to provide diagnostic test results in a timely manner.

Grandview Lodge will be fully implementing the Rapid COVID testing on ***Monday, March 8, 2021***.

If you test negative, you may proceed to the resident home-area and visit with your loved one.

If you test positive:

A positive test result on the rapid antigen test should be considered a preliminary positive and requires a confirmatory laboratory-based PCR test. The following actions should be taken:

1. You will need to return home to self-isolate
2. Report the preliminary positive result to the local Public Health, and
3. Book a PCR test within 24 hours.

Your consent is an implied consent when presenting for the COVID-19 test. If you refuse the test you will NOT be able to enter the home. If you require any further information regarding the rapid antigen testing please call Jelte Schaafsma at ext. 2234 or you may visit:

<https://www.ltchomes.net/LTCHPORTAL/Content/Snippets/Rapid%20Antigen%20Testing%20FAQ's-v1.0-2021-01-27.pdf>

Thank you for your continued support in keeping everyone at Grandview Lodge safe and healthy!

Nursing Department

Grandview Lodge provides a home for some of our County's most vulnerable residents. The nursing department is working hard to create a nurturing environment where Resident's care needs are consistently met, residents enjoy a good quality of life, and families have confidence knowing that their loved ones will have a safe place to call home.

The nursing team's philosophy of care focus for the month of March is on the core value, Respect. The Residents Bill of Rights under the Long Term Care Act mentions Respect for the Residents several times, specifically in the #1 Right:

- Every resident has the right to be treated with courtesy and respect and in a way that fully recognizes the resident's individuality and respects the Resident's dignity."

This Core Value of Grandview Lodge means that residents have the right to be treated with respect, treated with politeness, and be recognized with dignity and within their rights as a person, not to be subjected to any sort of abuse, whether physical, mental abuse or neglect. The nursing department is committed to upholding the rights for all Residents, families, and staff by supporting the uniqueness of one another. We live this value in our daily work and our support for each other. I received a phone call from a family member who struggles with not being able to visit, but understands the need to protect our Residents, and says that he is confident that his loved one is well-cared for. I hope that all of our families share in this comfort.

During the COVID pandemic, the role of our staff has been challenged and changed as we deal with outbreaks, Resident isolation, and staffing difficulties. Our staff have stepped up to the plate and truly displayed their hallmark of the 'Frontline Hero'. Success and teamwork is achieved by being flexible and assisting the Residents wherever needed.



There are many reports that have spoken to the nursing and PSW shortage in Long Term Care that exists in Ontario. With personal support workers and nurses in short supply and many long-term care operators looking to attract new workers to the sector, Grandview Lodge is also looking at innovative ways of recruiting new staff. The County is assisting us with the sharing of social media and radio messages to create awareness about exciting opportunities, and to join the nursing team at Grandview Lodge. The COVID-19 pandemic has highlighted the need for caring and committed individuals to choose a career in health care and we hope that people will answer the call to work locally to support our residents.

A Better Place to Live; A Better Place to Work: Ontario's Long-Term Care Staffing Plan is the province's plan to increase the hours of direct care for residents to an average of four hours per day over four years. To help meet this commitment, this provincial plan sets out actions to hire more staff, improve working conditions for existing staff, drive effective and accountable leadership, and implement retention strategies.

We are excited about the positive impact this plan will have for Residents in the long term care sector and we, along with our LTC colleagues, are eagerly awaiting the funding announcement and direction by the provincial government to enable us to hire more staff into full-time positions as we work toward the provincial goal of an average of four-hours-a-day care for our residents.

*Jelte Schaafsma,
Director of Nursing*

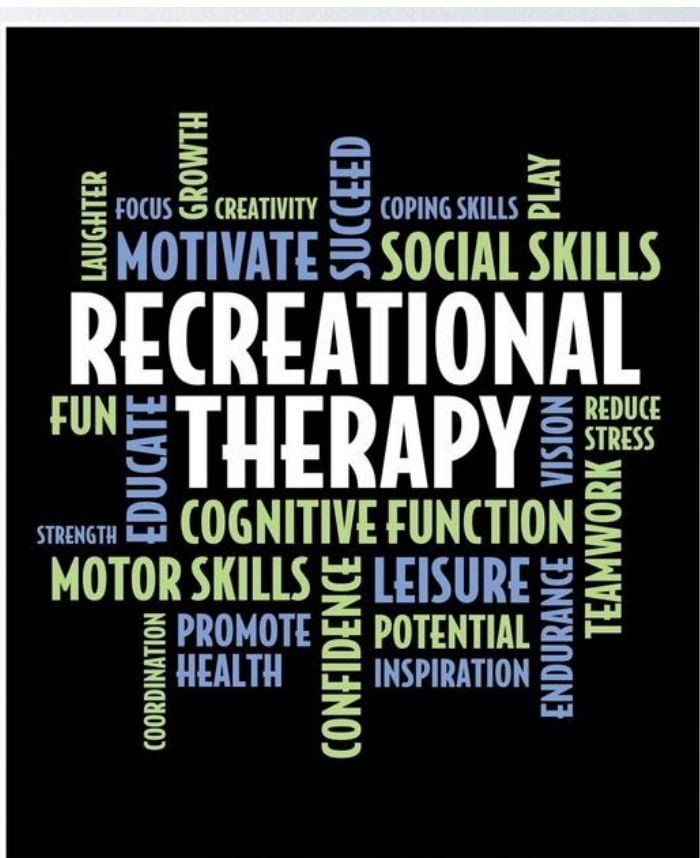
Programs and Support

In March, we look forward to having our Breakfast clubs back, Hillview will be on March 11th and Bridgeview will be on March 23rd. We will also be celebrating St. Patrick's Day on March 17th and International Waffle Day on March 25th.

Residents' Council will be March 25th at 10:00 a.m.
Family Council will be March 25th at 3:00 p.m.

Tim Horton's made a special delivery to our home on February 18th and 19th. The residents thoroughly enjoyed our delivery truck along with our special drive-thru set up. Take a look at the pictures below.





Unfortunately, we've had to delay our Therapeutic Recreation Awareness week until April 19th - 23rd.

We look forward to celebrating this week with all of you but thought we would share some great information from TRO (Therapeutic Recreation Ontario). If you are finding it hard to cope at home during this pandemic take a look at the information from TRO found at the end of this newsletter. Fun, meaningful activities to do at home may help you cope with feelings of fear, boredom, isolation and depression during this difficult time.

"We do better together, not alone. We need to play together to feel alive. We need to share together to feel whole. At any age, we need to feel, recreate, breathe!"

- Patricia Miller, Rec. T.

*Amy Appel,
Supervisor, Programs and Support*

Facility Operations

As we look toward Spring and the coming weeks of the vaccine roll out across the Province our Environmental Services Teams continue to work toward best practices when cleaning and disinfecting our Home. We continue to use Health Canada approved cleaning and sanitizing products throughout Grandview Lodge.

As the warmer temperatures approach, we ask that if Resident clothes requiring labelling, that they are dropped off at the main entrance and staff are notified of the new clothes. This time of year we see an influx of new clothes to be labelled and the environmental services team will work toward labelling and returning clothing in a timely fashion!



*Kellen Mowat,
Supervisor, Facility Operations*

Dietary Services

Welcome New Team Member

Brooklyn Seal is a Registered Dietitian in good standing with the College of Dietitians of Ontario and an active member of Dietitians of Canada. She holds a Master of Science in Foods and Nutrition (MScFN) from Brescia University College, Western University and comes to us with recent experience in long-term care, gerontology nutrition and food service management. Throughout her education, she was a devoted individual who participated in unique volunteer opportunities including a nutrition project in Nadi, Fiji. Above all, Brooklyn is very passionate about helping older adults meet their nutrition and hydration needs while enhancing their quality of life and looks forward to collaborating with the team at Grandview Lodge!

What has happened in Dietary this Month

The February Covid outbreak at Grandview had a significant impact on the Dietary Department. When this happened, we all pitched in and relied on teamwork to provided the best service to our Residents as possible with the resources available without compromising the provision of meals. This resulted in supervisors serving and washing pots; collaboration from every department in helping with meal service and guiding the supervisors who do not regularly serve food. Dietary Aides who used to work as cooks stepped back into the kitchen and prepared what they could. Only having one cook per day instead of two meant a reduced menu, as you can appreciate the challenge of one person cooking for 128 Residents, including the added responsibility of texture modification. We served some resident favourites such as Chicken Fingers, Cottage Roll, BBQ Pork Ribette, Turkey Schnitzel and, Sweet & Sour Meatballs. We had to purchase a few heat and serve items that we usually make from scratch like Beef Stew, Salisbury Steak and Lasagna. We also chose to use paper products which allows the depleted staff to focus on meeting the nutritional needs of the Residents and service delivery rather than washing dishes..

As of February 25th of the majority of the staff have been cleared to return to work by public health after a negative COVID test result so we will be back on track for meal service effective Monday February 29th including a return to using dishes and cleaning them.

I have worked in Dietary for over 30 years and have never been through a pandemic before or a situation that affected so many Dietary Department employees. The team did a great job serving the needs of Grandview Lodge Residents. Hopefully we will not have to go through this again but if we have to, I am confident we will be fine.

*Gary Arenburg,
Supervisor, Dietary Services*

*Happy
Birthday*

Debra Armstrong
Susan Cheese
Bill Fletcher
Sarah McLaughlin
Eileen Traver
Dorothy Weston

Betty Bristo
Elsie Cieszkowski
Mary Kozar
Bob Shaver
Bill Walton

GRANDVIEW LODGE

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Web: www.haldimandcounty.ca

Mission Statement:

“With comfort, compassion and care, Grandview Lodge Community supports a meaningful life for residents.”

Contact us:

MANAGEMENT:

Administrator

Jennifer Jacob Ext 2224

IPAC Coordinator

Dana Swan Ext 2229

Supervisors, Dietary Services

Gary Arenburg Ext 2228

Kristen VanKuren Ext 2237

Dietitian

Barbara Grohmann Ext 2240

Director of Nursing

Jelte Schaafsma Ext 2234

Assistant Director of Nursing

Kim Livingstone 289-776-5185

Supervisor, Facility Operations

Kellen Mowat Ext 2241

Supervisor, Programs & Services

Amy Appel Ext 2233

ADMINISTRATION:

Resident Services Clerk Ext 2221

Accounts Clerk Ext 2222

Administrative Assistant Ext 2223

NURSES STATIONS:

Bridgeview Ext 2238

Creekview Ext 2262

Hillview Ext 2247

Marshview Ext 2261

RECREATIONISTS:

Nicole Leeney, HV Ext 2303

Bev Little, CV Ext 2200

Gayle McDougall, BV Ext 2302

Megan Herkimer, MV Ext 2301



With heavy hearts we
said goodbye to:

Margaret Parker

Joyce Durk

Betty Everetts

Physicians

Dr. Kamouna Attending Physician/
Medical Director

Dr. Ezzat Attending Physician

Upon request, the Director of Nursing may attend Physician appointments held at Grandview Lodge. Please see the registered staff in your home area.

The following services are available at Grandview Lodge:

Khurram Khan Physiotherapist
Bobbi-Jo Biggley Hairdresser &
Barber

Lisa Mederios, RPN Foot Care
Dr. McDonough Dentist
Vicki Lance, EDH Dental Hygienist

For more information regarding the above services or to book transportation for an off-site medical appointment (we have a van, fees apply), please call Lori Beale, 905 774-7547, ext. 2221.

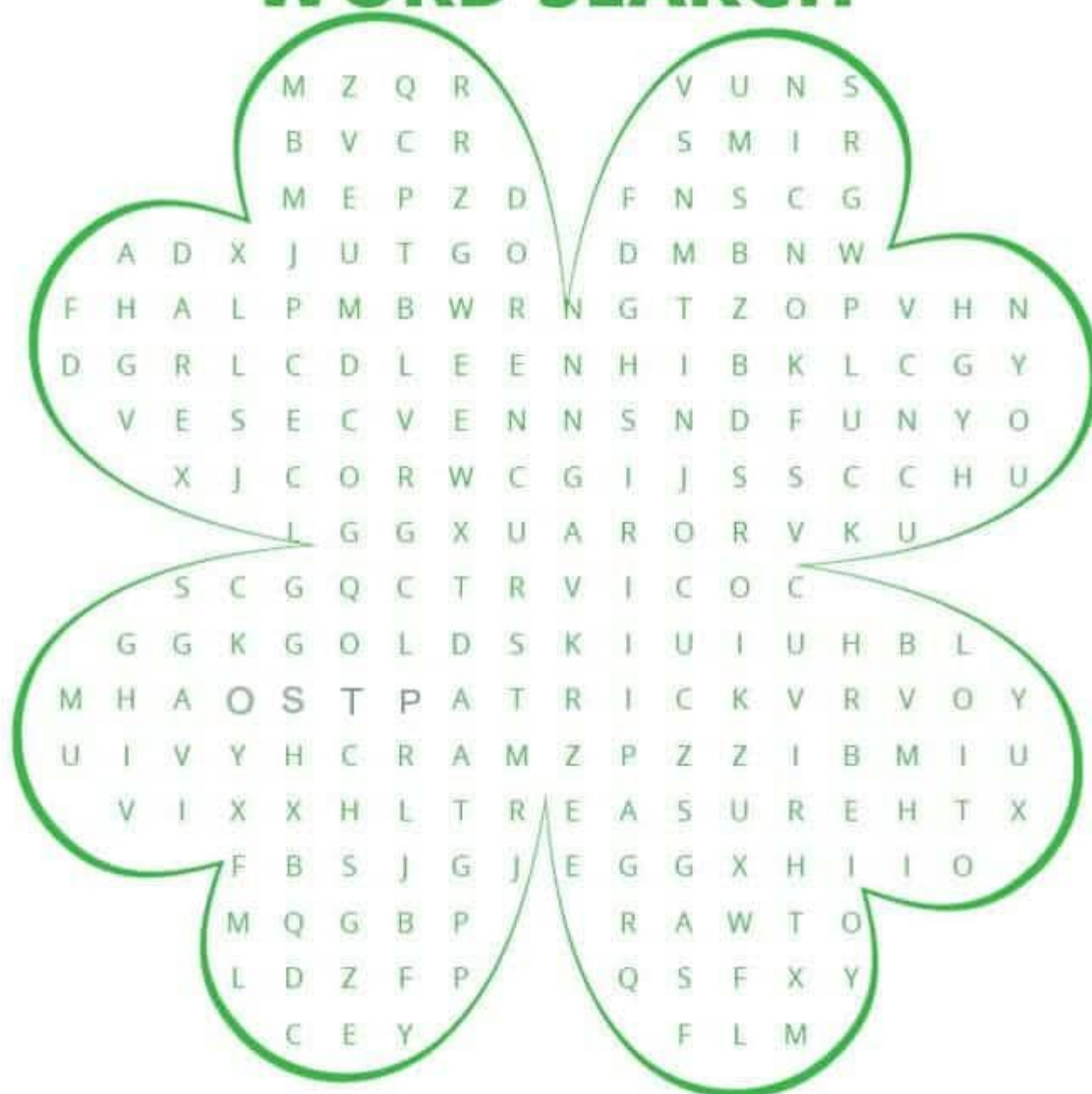
Please note the following fees increased as of January 1, 2021

Family Overnight Suite:
\$42.75/night

Meal Tickets:
\$8.00 each

Transportation (Van):
\$18.25/15 minute increment

ST. PATRICK'S DAY WORD SEARCH



RAINBOW
ST. PATRICK
TREASURE

IRISH
GREEN
LUCK

GOLD
MARCH
CLOVER

THETYPICALMOM.COM

Fun Facts About March

- ☘ Daylight Saving Time begins March 14th. Hooray! More daylight!
- ☘ It is the first month of Spring which Begins March 20th.
- ☘ In the Southern Hemisphere, March is the same as September in the Northern Hemisphere.
- ☘ Each year March and June end on the same day of the week.
- ☘ It is the time of year when animals start to wake up from hibernation.

ONTARIO'S RECREATION THERAPISTS SHARE THEIR SUGGESTIONS

Fun, meaningful activities to do at home



Tips to cope during self-isolation

Therapeutic Recreation professionals know that when we are kind to our mind and body, we are building mental and physical strength and resilience, too. Here are some tips, shared from Therapeutic Recreation professionals, to help you engage with children, adults, clients and families, to help them cope with feelings of fear, boredom, isolation and depression.



Break out the board games

Start your own epic tournament of checkers, chess, Monopoly or Scrabble.



Exercise!

Do some situps and crunches, set up an obstacle course for the kids in your living room, do yoga or go for a walk in your community.



Rediscover cooking together

Nothing brings people together like food. Cook together, eat together, and of course, clean up together, too!



Listen to or play some music

Create your own playlist or search for online lessons to learn how to play a musical instrument.



Read aloud to each other

Find your favourite novel or fairy tale and organize your own story time.



Become an armchair traveler

Museums, zoos and other attractions around the world are offering virtual tours you can experience from your couch.

Therapeutic Recreation benefits everyone

Therapeutic Recreation is a collaborative and purposeful process facilitated by trained professionals offering recreation and leisure assessment, planning, intervention and evaluation to achieve individual goals. The profession uses meaningful recreation and leisure education, counselling and experiences to promote, restore, rehabilitate, and/or maintain quality of life and well-being. Therapeutic Recreation supports the development of strengths while addressing social, emotional, physical, spiritual and cognitive needs.

To learn more about what Therapeutic Recreation professionals do, visit www.trontario.org