



2021

Grand Viewpoints

Administrator's Message

NEW: May 26, 2021 - Deferral of LTC Co-Payment Increase

During the pandemic, our government wants residents of long-term care homes and their families to focus on care and comfort, not money. That's why Ontario is extending the freeze on the annual rate increase to the long-term care resident co-payment scheduled for July 1, 2021 until January 1, 2022.

The Ontario government will ensure that long-term care homes will not lose any revenue resulting from this deferral. The government will fully fund the level of care increases that would have been collected from basic accommodation co-payments. In addition, the government will compensate for the preferred accommodation premium increases that would have been applicable during the deferral period.

Residents who are currently on the LTC Rate Reduction Program will not be impacted by this deferral as their reduced rate is based on what they can afford. Residents will be required to reapply when the current Rate Reduction cycle expires on **June 30, 2021**.

*Jennifer Jacob,
Administrator*

Nursing Department

During the week of May 10, 2021, we celebrated National Nursing Week. Nursing Week is an annual celebration where our Nursing department is recognized and celebrated for their hard work. The Nursing Team at Grandview Lodge includes the Personal Support Workers (PSW's), Registered Practical Nurses (RPN's), and Registered Nurses (RN's).



The ongoing COVID pandemic has caused stress on everyone in various ways. For some, it is the personal situation at home amid the fear of COVID, for others the isolation of the lock downs, or the changes in rules and policy that may cause frustrations or fatigue. Our Nursing department has worked steadfastly in providing consistent compassionate care for our residents despite the anxiety around the COVID pandemic. We highlighted the quote from an American poet Maya Angelou: *"people will forget what you said, but people will never forget how you made them feel"*.

Nursing staff have often told me that the residents are like family to them; especially at a time of restricted visitation, this has been a powerful statement in caring for our residents. Nurses have been, and continue to deal with staffing shortages, donning and doffing PPE, socially distancing residents, and monitoring and keeping our residents safe from exposure and contracting COVID-19.

**Signs That
You're a Nurse**

**Your *FitBit* shows 20,000
steps on workdays and 250
on days off**

This year, we have made National Nursing Week a more special event in order to recognize and alleviate some of the pressure on our staff from the current COVID pandemic. Many organizations in town

donated items to be raffled off to the staff at Grandview Lodge and we had events scheduled every day throughout the week. In addition to the Nursing staff we also included the other departments at Grandview Lodge, which is consistent with the interdisciplinary approach used to care for our residents. We are very grateful for the wonderful front-line staff who provide for the daily needs of our residents every day.

The value recognized this month is Nurturing, which is very fitting for Nurses week as we nurture our residents, but also need to take care of our staff.

Nurture: We are committed to the ongoing growth and development of Residents and Staff.

We live this value by providing educational opportunities, encouraging participation in decision making and quality improvement initiatives, supporting residents in reaching their goals and promoting both the physical and well-being of residents and staff.

Through the 2021 Ontario Budget, the government is investing \$121 million to accelerate the training of nearly 9,000 personal support workers. Students will be reimbursed for their clinical work, while attending school. At Grandview Lodge, we have committed to participate in this program in order to increase our recruitment efforts while providing students with a positive and nurturing environment to learn.

Thank you for your support of our staff as they provide compassionate care for your loved ones.

Jelte Schaafsma
Director of Nursing

General Visitor Outdoor Visit FAQ

1. Can general visitors bring in food/drinks while visiting?

- No, food or drink will NOT be allowed in at this time as general visitors and essential caregivers cannot remove their mask at any time. Food may be brought in for the resident to enjoy.

2. Can an essential caregiver visit at the same time as the general visitors?

- Yes, the ability of essential caregivers to also be present for these outdoor visits when they choose is not being restricted as they may join over and above the two general visitors. Essential caregiver(s) can assist with these visits as they are able to be indoors and can help with bringing the resident to the outdoor visiting area. Currently, a maximum of one caregiver per resident may visit inside the home. This has not changed.

3. If two general visitors are allowed to visit then why can't two essential caregivers visit?

- We are still monitoring the traffic flow within the home and limiting the movement on each home area. As directed by the Ministry, a maximum of one caregiver per resident may visit inside the home at a time.

4. Why are general visitors not rapid antigen tested?

- General visitors must undergo active screening upon arrival to GVL. General visitors must also wear the proper PPE at all times when walking to the outdoor visiting area and for the duration of the visit. General visitors do not need to undergo rapid antigen tests as their visit will be outdoors, proper PPE will be worn and they must maintain two metres physical distance from the resident.

These are some of the most common questions received to-date. If you have additional questions please email Amy Appel at aappel@haldimandcounty.on.ca.





June 3 rd	• Memorial Planting
June 20 th	• Father's Day
June 21 st	• Let's Have a Patio Party
June 24 th	• Resident Council and Family Council meetings
June 30 th	• Wear Red & White

Programs and Support

On June 3rd we will be having our Memorial Planting, but it will look a little different again this year. Our Memorial Planting event allows us to celebrate the lives of the residents that we have lost over the past year. We usually invite families back to be a part of the memorial planting however this year we are unable to do that due to the provincial lockdown. We have decided we still want families to take part in the event so we are asking that they drop off flowers the day before the event so our staff can plant that special flower in memory of their loved one. A flower will be planted for every resident. We will also be taking pictures of the day and will be making a video of the memorial planting which will be sent out to the resident families afterward.

Honoring the Memory of:

Ruth Abbey
Joy Alton
Dolores Bell
Wyntje Brown
Leta Dilts
William Dowling
Joyce Durk
Lorna Dykun
Elizabeth Eversets
Elizabeth Farruggio

Muriel Goodbrand
William Hewlett
Trudy Hiltz
Dirkje Krebs
Oliver Marr
Ken Mustard
Roberta Nie
Grace Nuxoll
Margaret Parker
Frances Pickell

Edwin Ranta
Iris Solomon
Barbara Stirtzinger
Judy Swick
Mary Timson
Shirley Worrall
Bea Moore
Bob Tomlinson
Anne Vanderstelt

Stay safe and healthy everyone!



Amy Appel,
Supervisor, Programs and Support

Dietary Services

We have officially launched our 2021 spring/summer menu and hope residents enjoy the fresh, seasoned food! We will also be celebrating Father's Day on Sunday, June 20th with a special meal to show our appreciation for our fathers and father figures.

Dementia & Eating

Dementia continues to affect many of our loved ones and certain functions/abilities can be lost as the brain becomes more damaged. In particular, a person with dementia may not receive triggers from the stomach to encourage eating or drinking and as a result, may be at higher nutrition risk. They may also have difficulty with:

- Remembering how to use cutlery
- Not knowing what to do with food that is placed in front of them
- Eating too quickly
- Trying to swallow without chewing
- Putting too much food in their mouth at once

On a positive note, meal time is an opportunity for connection, socialization, and pleasure. Thus, keeping our residents involved in meal times is key. Here are some tips and strategies that can help support eating and drinking at meal times for those living with dementia:

- Provide verbal cueing if the resident is having difficulty
- Encourage independence as much as possible
- Provide detailed instructions, and choose tasks they are capable of
- Inquire about food preferences (but don't be surprised if this changes)
- Be careful of safety issues
- Make use of adaptive devices
- Minimize distractions and avoid loud noises
- Simplify the table setting
- Do not rush

It is important to recognize that behaviour changes are normal but by meeting the resident where they are at, he/she can be encouraged to eat, often with independence and pleasure.

For more information visit:

- Alzheimer's Association
- Alzheimer Society of Canada
- Dementia, Government of Canada

*Brooklyn Seal,
Registered Dietitian*



Support Services

The Government of Canada adapted its Investing in Canada Infrastructure Program (ICIP) to better respond to impacts from Covid-19 by creating a temporary Covid-19 Resiliency Funding Stream for Provinces in order to support projects such as Heating, Ventilation and Air Conditioning across Long-Term Care.

Grandview Lodge submitted an application for 3.2 million dollars to replace all of our facility's HVAC Equipment, Systems and Controls which were all original to our facility in 2004. These upgrades will better serve our Resident, staff and visitor comfort throughout all seasons at Grandview Lodge and, will allow our facility to capitalize on energy related efficiencies.

We are excited to announce that we have recently received approval for the full application submitted to Infrastructure Canada. The process to begin this work is already underway. You will receive further communication as we work toward designing, procuring and installing all of our new Heating, Ventilation and Air Conditioning systems and equipment.

If there are any questions in regard to this funding please see Kellen Mowat, Supervisor, Facility Operations.

*Kellen Mowat,
Supervisor, Facility Operations*

Resident Profile

Norman Adams



Norman has an affinity to motorized vehicles and a love for his family. But why wouldn't he? He was born into a family of nine. His parents were Gordon and Olive Adams and I guess you could say that he had to share everything with his six sisters and two brothers. Norman reflects on the smaller Oakville he remembers growing up in and going to school. Norman has a long-time friend and partner in Betty, sharing the responsibilities, as a stepdad to Davis and Cathie, and their amazing grandchildren Sydney, Jarod and Samantha.



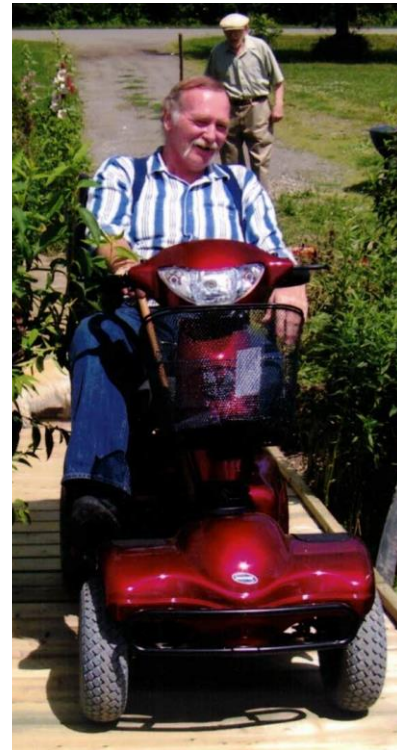
Norman always enjoyed spending time outside and having the opportunity to work with people. He worked on a farm near Grimsby for several years before returning to Oakville where he worked with challenged young adults for three years. He was never concerned about travelling and so he set off to Stratford to work in clay supplies for seven years and then near Parry Island cutting lumber in the bush.



With concern for his sisters and their families, Norman took over the task of looking after his nieces and nephews when his one sister needed him the most.

In 1988, Norm settled near Smithville working for a metal recycling company until 1994 when, due to health reasons, was unable to continue.

If you ever want to try your luck with a retro TV trivia buff, try Norm. He enjoys watching his retro TV shows and can recite dates, names and times like no one can. He enjoys documentaries, space, animal and nature shows.



He was an avid gardener and cook. He preserved much of his produce, like tomatoes to be used as a base for spaghetti and chili sauces, pickles and fruits for various jams and jellies. His grandchildren especially enjoyed Norma's wild grape jelly.

Both his partner Betty and sister Rhonda are Norman's essential caregivers and they visit regularly. You can see Norm talking with many family members and friends on the phone or having a self-initiated window visit.

As soon as Grandview gets back to normal, he wants to go for a long car ride and visit family he hasn't seen in a long time. Jokingly he says that will keep him busy as he has 70 first cousins!

GRANDVIEW LODGE

657 Lock St W
Dunnville ON N1A 1V9

Phone: 905 774-7547
Fax: 905 774-1440
Web: www.haldimandcounty.ca

Mission Statement:

“With comfort, compassion and care, Grandview Lodge Community supports a meaningful life for residents.”

Contact us:

MANAGEMENT:

Administrator

Jennifer Jacob Ext 2224

Supervisors, Dietary Services

Gary Arenburg Ext 2228

Kristen VanKuren Ext 2237

Dietitian

Brooklyn Seal Ext 2240

Director of Nursing

Jelte Schaafsma Ext 2234

Assistant Director of Nursing

Kim Livingstone Ext 2229

Supervisor, Facility Operations

Kellen Mowat Ext 2241

Supervisor, Programs & Services

Amy Appel Ext 2233

ADMINISTRATION:

Resident Services Clerk Ext 2221

Accounts Clerk Ext 2222

Administrative Assistant Ext 2223

NURSES STATIONS:

Bridgeview Ext 2238

Creekview Ext 2262

Hillview Ext 2247

Marshview Ext 2261

RECREATIONISTS:

Nicole Leeney, HV Ext 2303

Bev Little, CV Ext 2200

Gayle McDougall, BV Ext 2302

Megan Herkimer, MV Ext 2301

With heavy hearts we
said goodbye to:



Bob Tomlinson
Ann Vanderstelt

Physicians

Dr. Kamouna Attending Physician/
Medical Director
Dr. Ezzat Attending Physician

Upon request, the Director of Nursing may attend Physician appointments held at Grandview Lodge. Please see the registered staff in your home area.

The following services are available at Grandview Lodge:

Khurram Khan	Physiotherapist
Bobbi-Jo Biggley	Hairdresser & Barber
Lisa Mederios, RPN	Foot Care
Dr. McDonough	Dentist
Rosanne Turenne, RDH	Dental Hygienist

For more information regarding the above services or to book transportation for an off-site medical appointment (we have a van, fees apply), please call Lori Beale, 905 774-7547, ext. 2221.

Essential Caregiver Visiting Hours

Monday to Friday
8:30 a.m. – 8:00 p.m.

Saturday & Sunday
10:00 a.m. – 6:00 p.m.

