



July 2021

Grand Viewpoints

Administrator's Message

Covid-19 Update

As Ontario moves into Stage 2 of the Reopening Ontario framework, Directive #3 for long-term care homes has also been revised. Changes for LTC homes will come into effect on July 7, 2021. The Grandview Lodge team will review the changes and develop our implementation plan to meet the July 7 date. Please check your emails or the website for more information as the date approaches.

Look forward to:

- The limit of two designated caregivers per resident is removed. Processes to designate persons as caregivers continue to be in place.
- For outdoor visits with a long-term care home resident, up to 10 people at a time are allowed.
- All residents may have up to 2 general visitors and 2 caregivers at a time for an indoor visit.
- Personal care services, such as those provided by hairdressers/barbers, are permitted. Please note that personal care service providers are considered general visitors if they are not staff of the licensee or designated caregivers.
- Cohorting of residents can be relaxed during outdoor activities.
- The Office of the Chief Medical Officer of Health will be updating Directive #3. This update will be released in the coming days. It is anticipated that this will include reducing active screening of residents to once per day.

Immunization Policy

Long-term care homes in Ontario have been directed to implement a vaccination policy. The vaccination policy is in effect as of July 1, 2021 and must be fully complied with by July 31, 2021. The directive from the Ministry was specific on what the policy must include and is intended to ensure that the threat of severe illness related to the COVID-19 virus is minimized for our residents and staff and volunteers, through vaccination.

Key points mandated by the Minister of Long-term Care under the Directive:

At a minimum, every licensee of a long-term care home shall ensure that the policy on COVID-19 immunization shall provide that the licensee requires all persons to whom the policy applies to provide one of the following:

(A) Proof of COVID-19 vaccine administration as per the following requirements:

- i. If the individual has only received the first dose of a two-dose COVID-19 vaccination series approved by Health Canada, proof that the first dose was administered and, as soon as reasonably possible, proof of administration of the second dose; or
- ii. If the individual has received the total required number of doses of a COVID-19 vaccine approved by Health Canada, proof of all required doses.

(B) Written proof of a medical reason, provided by either a physician or registered nurse in the extended class, that sets out:

- i. that the person cannot be vaccinated against COVID-19; and
- ii. the effective time period for the medical reason.

(C) Proof that the individual has completed an educational program approved by the licensee that addresses, at a minimum, all of the following:

- i. how COVID-19 vaccines work
- ii. vaccine safety related to the development of the COVID-19 vaccines
- iii. the benefits of vaccination against COVID-19
- iv. risks of not being vaccinated against COVID-19
- v. possible side effects of COVID-19 vaccination

*Jennifer Jacob,
Administrator*

Nursing Department

Polypharmacy

Medication is very important! It can prolong life and aid symptom control however when many different medications are ordered to treat many different conditions, by many different doctors, we might find ourselves in a situation called Polypharmacy. Polypharmacy can have adverse effects, particularly on the elderly. Imagine, it is not unusual for an elderly person with respiratory problems, type 2 diabetes, and existing coronary heart disease to be taking six to nine medications to reduce their long-term risk of further complications and secondary coronary events. When several diseases are being managed, this could mean several doctors are working with a person and there is room for confusion and miscommunication.

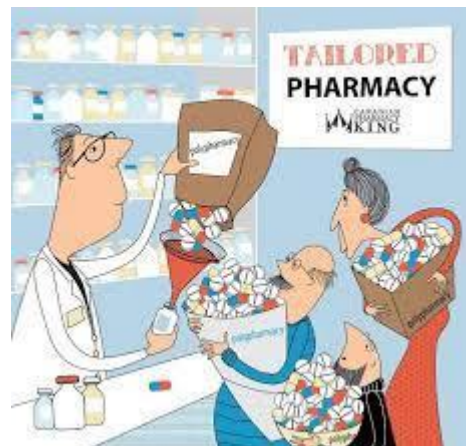


Polypharmacy is the use of several concurrent medications by one individual. It is an increasingly common phenomenon in an ageing population with multiple illnesses, and can often be a challenge for any doctor. Managing several different illnesses prompts the prescription of medications which may lead to duplicate or unnecessary medications being prescribed by physicians who do not have access to the person's current or previous medication list. This may be a particular problem as a person moves between primary and secondary care. It may also lead to a 'prescribing cascade', where a physician fails to realize that a new symptom is an adverse drug reaction or a side effect, and so another drug is deployed to treat

this problem. People who see several different physicians at several different sites also increase the risk of duplicated medications or drug interactions.

Polypharmacy can have significant adverse effects on people of any age, but an elderly person is even more vulnerable. Drug metabolism in the elderly is different, due to changes in body fat, and kidney and liver functions. Polypharmacy can increase the occurrence of side effects, drug interactions, adverse drug reactions and non-adherence, and can also contribute toward the 'geriatric syndrome'. Common side effects include sedation, stress to your kidneys, liver or heart, confusion, dizziness, low blood pressure and low blood sugar.

Upon admission to Grandview Lodge one of our team of pharmacists reaches out to the most responsible physician who has been looking after the new resident. They also consult with community pharmacies and, you or your family, to gather a clear picture of all medications that are being taken; prescribed for you and also any over-the-counter medications you take on a regular basis. The list is compared to your known diagnoses and any potential duplication in therapy is discussed before any admission orders are given to our nursing team. This system is called BOOMR. The pharmacist also compares the prescriptions to current best practices and may make recommendations for the doctor to consider.



Your medication list is reviewed by the doctor every three months through a quarterly med review. Our clinical pharmacist also reviews each resident's medication profile at least annually but nurses will often reach out for a review if they have questions or concerns. Any newly prescribed medication will be discussed with our Resident or the person designated as a substitute decision maker or power of attorney before any changes are implemented.

Several evidence-based tools exist to assist doctors and pharmacists in reducing polypharmacy. If you have any questions or concerns about your medication (or the medication of your family member) please ask one of our registered staff.

Kim Livingstone
Assistant Director of Nursing



July 1 st	• Canada Day
July 6 th	• HV BBQ – Entertainment – Cameron Caton
July 7 th	• World Chocolate Day!
July 13 th	• BV BBQ – Entertainment – Cameron Caton
July 20 th	• CV BBQ – Entertainment – Cameron Caton
July 27 th	• MV BBQ – Entertainment – Dave Burden
July 29 th	• Resident Council meeting 10:00 am MV
July 29 th	• Family Council meeting 3:00 pm (virtual meeting unless restrictions are lifted)

Programs and Support

I want to thank everyone who attended our Resident Memorial Day Planting ceremony on June 3rd. Thank you to all the families who donated flowers to this event and to all the staff who assisted with the planting. I want to send a very special thank you to Shelby Wolfe who created a beautiful slideshow to commemorate those that we lost last year. If you would like to view the slideshow please click on the following link: [Grandview Lodge Memorial Service 2021](#)

Exciting News!

I'm very excited to share with you that GVL will be trialing the Obie for the month of August. You are probably wondering what the Obie is. Obie is a highly advanced interactive gaming console that projects custom-made games onto any surfaces – tabletops, floors, and walls – encouraging active play through touching, moving, and hand-eye coordination skills on the displayed images. Obie provides innovative technology to meet the needs of seniors, their families, and the care staff. Each virtual game is research-based and inspired by published studies and medical advice. If you would like additional information please visit <https://obieforseniors.com>.



The Obie will be placed in the games room for the duration of the trial and Residents of each home area will have an opportunity to engage with it. We will also have timeframes for families to use it as well. We want to make the most out of the trial to see if we feel GVL would benefit from purchasing one. Pictures and video clips of our Residents, staff and visitors engaging with the Obie will be taken and shared with the creators of the

Obie. If you or your loved one **do not wish** to be a part of this trial please contact me, Amy Appel, directly. Implied consent will be deemed to have been received if we do not hear from you and, that you approve the use of any and all pictures or video clips that may be shared. If you would like further information about the Obie or the trial, please contact me directly at 905-774-7547 Ext 2233.

*Amy Appel,
Supervisor, Programs and Support*

Dietary Services

We hope everyone had a wonderful Canada Day! We have added a few new menu items to the Spring and Summer Menu that just recently launched; our residents are loving these new options of chicken dippers, pizza and Philly steak subs. At Grandview Lodge as we know, meal times are not just to eat food... it's about the overall experience! With resident-centered meal time practices, residents are more likely to enjoy meals, increase their food and fluid intake, have improved hydration and nutrition status, and experience an overall improved quality of life.

The following principles can significantly improve the meal time experience:

1) Connect

- a. Acknowledge the resident when entering and leaving the dining room
- b. Socialize with residents and engage them in meaningful conversation
- c. Know their likes/dislikes
- d. Help introduce to tablemates to build relationships
- e. Use non-verbal communication for residents who communicate without words

2) Honour Dignity

- a. Respect and honour resident decisions, routines, and traditions
- b. Call residents by their name when you speak to them

3) Offer Support

- a. Ask permission when offering support
- b. Use safe feeding practices (feed at a relaxed pace, ensure resident is upright at 90 degrees)
- c. Watch for nonverbal cues that a resident does not like something or is finished (resident refuses to open their mouth or turns their head away)
- d. Always let residents know what they are eating

4) Respect Identity

- a. Accept and acknowledge residents for who they are, knowing the resident as a unique person
- b. Support their food traditions and practices
- c. Don't assume what a resident wants, always offer a choice
- d. If a resident does not want what is on the menu, offer alternatives such as yogurt, toast, or cereal

5) Create Opportunities

- a. Engage residents to learn new things and to share their knowledge with others
- b. Create opportunities for residents to have meaningful roles and grow as a person
- c. Encourage residents to eat independently, when possible using adaptive aides and verbal cueing

6) Facilitate Enjoyment

- a. Make mealtime positive
- b. Minimize noise and distractions
- c. Serve meals in a timely manner

POP QUIZ: Everyone has the power to improve mealtimes for our residents! We challenge you to fill out our dietary quiz on resident-centered meal times to test your knowledge and qualify for the chance to win a prize! Quizzes may be picked up and filled out beside the Ballot Box located for the month of July outside the Dietary Office.

*Kristen VanKurren
Supervisor, Dietary Services &
Brooklyn Seal,
Registered Dietitian*

Welcome

Marie Comeau
Roberta House
Margaret Meadows
Dorothy Hare
Barbara Cronk

HAPPY
BIRTHDAY

Norm Adams
Margaret Black
Patricia Black
Mary Boggio
Stephen Buck
Barbara Carlisle
Ken Kittel

Joan McEachern
Walter Noonan
Neal Page
Lori Spadafora
Maurene Tweedle
Lori Vanderbeek
Doretta Wolfe

Support Services

With the most recent facility funding approvals we have engaged our Engineering design team to begin the initial HVAC assessment to work toward a more consistent solution to our overall temperatures throughout the home. As we continue to receive funding approvals from Infrastructure Canada please stay tuned for updates on additional facility improvements!!

*Kellen Mowat,
Supervisor, Facility Operations*

What's Happening in Bridgeview



Grandview Lodge Residents have been keeping up-to-date by reading the Ontario Association of Residents' Councils (OARC) newsletters throughout the pandemic. In doing so #HopefulHeartsLTC campaign organized by OARC recognizes those we have lost in Long-Term Care spurring gratitude and sharing of hope among our GVL residents.

Bridgeview residents were compelled to create this bulletin board which shows how fortunate we have been over this past year. We are so thankful that we have been spared and grateful to many which have kept us safe throughout this pandemic.

GRANDVIEW LODGE

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Dunnville ON N1A 1V9

Phone: 905 774-7547
Fax: 905 774-1440
Web: www.haldimandcounty.ca

Mission Statement:

“With comfort, compassion and care, Grandview Lodge Community supports a meaningful life for residents.”

Contact us:

MANAGEMENT:

Administrator

Jennifer Jacob Ext 2224

Supervisors, Dietary Services

Gary Arenburg Ext 2228

Kristen VanKuren Ext 2237

Dietitian

Brooklyn Seal Ext 2240

Director of Nursing

Jelte Schaafsma Ext 2234

Assistant Director of Nursing

Kim Livingstone Ext 2229

Supervisor, Facility Operations

Kellen Mowat Ext 2241

Supervisor, Programs & Services

Amy Appel Ext 2233

ADMINISTRATION:

Resident Services Clerk Ext 2221

Accounts Clerk Ext 2222

Administrative Assistant Ext 2223

NURSES STATIONS:

Bridgeview Ext 2238

Creekview Ext 2262

Hillview Ext 2247

Marshview Ext 2261

RECREATIONISTS:

Nicole Leeney, HV Ext 2303

Bev Little, CV Ext 2300

Gayle McDougall, BV Ext 2302

Megan Herkimer, MV Ext 2301

With heavy hearts we
said goodbye to:



Joanne Kiers
Pat Mandley
Edith Newlands
Judy Buck

Physicians

Dr. Kamouna Attending Physician/
Medical Director

Dr. Ezzat Attending Physician

Upon request, the Director of Nursing may attend Physician appointments held at Grandview Lodge. Please see the registered staff in your home area.

The following services are available at Grandview Lodge:

Khurram Khan Physiotherapist
Bobbi-Jo Biggley Hairdresser &
Barber

Lisa Mederios, RPN Foot Care
Dr. McDonough Dentist
Rosanne Turenne, RDH Dental Hygienist

For more information regarding the above services or to book transportation for an off-site medical appointment (we have a van, fees apply), please call Lori Beale, 905 774-7547, ext. 2221.



**Essential Caregiver
Visiting Hours**

Monday to Friday
8:30 a.m. – 8:00 p.m.

Saturday & Sunday
10:00 a.m. – 6:00 p.m.