

Administrator's Message

Details on Four Hours of Care Funding

The MLTC provided the details on funding for four (4) hours of care, the 20% increase in allied health care and training dollars. The funding is to support the government's commitments outlined in **Ontario's LTC Staffing Plan** released in December 2020.

We are pleased that these details are finally being shared.

Overview

- 1. Up to \$227,187,500 in base funding for this fiscal year to increase the average hours of direct care provided by registered nurses (RNs), registered practical nurses (RPNs), and personal support workers (PSWs) from the system-level daily average of two hours and 45 minutes per resident, per day (based on 2018 data) to a system-level average of three hours per resident, per day.
- 2. Up to \$42,802,600 in base funding for this fiscal year to increase the average worked hours by Allied Health Care Professionals such as physiotherapists and social workers from the system-level daily average of 30 minutes (based on 2018 data) to an average of 33 minutes per resident, per day.
- 3. Up to \$10,000,000 in annual base funding effective fiscal 2021-22 to support staff education and training in LTC homes.

The government has further committed to \$673 million, \$1.25 billion, and \$1.82 billion for staffing increases in the 2022-23, 2023-24, and 2024-25 fiscal years.

Grandview Lodge Funding

Currently Grandview Lodge provides a daily average of two hours and thirty-six minutes of direct care per resident, per day. With the new funding allocation and the direction to increase staffing levels to the target of three hours per resident, per day over the next four years, GVL is actively developing a new staffing complement. Many factors must be considered in developing a plan that can be successfully supported, it simply cannot just look good on paper.

In developing the increase to staffing compliment we will consider opportunities to optimize recruitment and retention strategies such as creating more full time positions, we will consider adjusting hours of work to ensure that we have increased staffing during peak care times. We must consider the probability of a successful recruitment for the new positions. There is no sense in creating all PSW positions in the first year if the probability of filling those positions is low, this will simply result in vacant positions, limited impact to direct care and unspent funding, which the government will then claw back – we do not get to keep it.

I want to assure everyone that we intend to utilize every cent of the funding to help us in our ongoing commitment to providing exemplary care. We will continue to keep you updated as our revised staffing complement unfolds and we will provide a rationale for the approaches that we take in the hope you will appreciate the "why" behind the decisions.

I want to thank all of the staff at GVL who contribute to the care and well-being of our residents on a daily basis.

Updates to follow.

Mandatory Vaccination for LTC Staff and GVL Vaccination Rates

As previously shared the Ministry of Long-Term Care mandated the vaccination of all staff working in LTC. This mandate is in effect as of November 15, 2021. At this time 93% of the staff currently working at GVL are vaccinated. Assuming all staff choosing to meet the MLTC Directive to vaccinate have already done so, GVL staffing levels will be negatively impacted by 12 positions shared between the PSW and Dietary positions. In anticipation of this change GVL is actively recruiting PSW's and Dietary Aides, as well as Cooks. If you know anyone interested in a rewarding career assisting and caring for others and making a difference in people's lives please send them our way. We are willing to work with candidates through a mentoring and training process for those who may not meet all of the necessary requirements. For more details please contact Jelte Schaafsma, Director of Nursing and Taryn Lynn, Supervisor Dietary Services.

Additional questions or comments may be forwarded my way.

Jennifer Jacob, *Administrator*

Nursing Department

COLD and FLU SEASON is upon us.

It is that time of year again when a dramatic increase in coughs and sniffles appear in schools, workplaces and homes across the country. A cold or flu can negatively impact our work, productivity and quality of



life. Influenza or the "Flu" and the common cold are viral respiratory infections (they affect the nose, throat and lungs). Viruses are spread from person-to-person through airborne droplets that are sneezed out or coughed up by an infected person. In other instances viruses can also be spread when a person touches an infected surface such as a door knob, counter top or telephone and then touches his or her nose, mouth, eyes or ears. People infected with an influenza or cold virus become contagious 24-hrs after the virus enters the body and often before symptoms appear. Adults remain infectious for about six days and children remain infectious for about ten days. Keeping hands clean through improved Hand Hygiene is one of the most important steps we can take to avoid getting sick and spreading germs. Please use our Hand Hygiene stations located at the entrance of the Home as well in each resident room and in the dining rooms.

Are you getting your flu shot?

Each year an up-to-date Vaccine is developed against the current strain of influenza. The Vaccine works to build immunity to the virus, which reduces the likelihood of infection or the severity of the disease if the infection occurs. The more people who are vaccinated the less the flu has a chance to spread across the population.

Now is the time to discuss vaccination against the Seasonal Influenza with your Physician. It is never too early or too late to get vaccinated. Through the month of October and November residents and staff will have the opportunity to receive their flu shot.

THANK YOU SO MUCH FOR DEFERRING YOUR VISIT WHILE YOU ARE ILL





It is with mixed feelings I inform you that our Assistant Director of Nursing, Kim Livingstone is leaving Grandview Lodge. Kim is pursuing a new and exciting opportunity at Woodlands of Sunset Long-Term Care in the Niagara area. Kim has been a valued member of the Grandview Lodge Nursing Team for the past six years; first as a RN and then as an Assistant Director of Nursing for the past three years. Kim has always been very dedicated to Grandview Lodge and its residents, and I am sure that she will continue to have a warm heart for our Home. Kim was a familiar

face for our residents and families, since she could be seen on the Home areas often and participated in most of the admissions over the past three years.

Staff were always confident that Kim would be able to help with a clinical question, or to just help out during a busy time. Kim is always resident focussed and her leadership by example spoke volumes. Until her departure, she has been very instrumental in leading the COVID vaccine program for residents and staff at Grandview Lodge. Her attention to detail has been a real benefit as we needed to track numbers and statistics as required by the Ministry of Health.

Kim, your work ethic and dedication to Grandview Lodge have been clearly visible to everyone who had the pleasure to work alongside you. You will be missed and we wish you all the best as you continue your career as an excellent nurse!

Jelte Schaafsma, Director of Nursing

Programs and Support

We would like to share with everyone some great resources for adaptive clothing should your loved one ever require it. If your loved one or someone you know does require adaptive clothing you will always be part of the decision making process. We can explain to you why your loved one might benefit from adaptive clothing and explain to you your options with purchasing this type of clothing. It is the family's responsibility to purchase the clothing and bring it in for your loved to try on before it goes to laundry for labeling. When you purchase the clothing please bring it to the nursing station and we will have a staff member assist the resident with trying it on. If it fits well and doesn't have to be returned we will send to laundry for labelling. Recreation has always assisted with this in the past and will continue to do so by providing families the information for ordering. Recreation will not; however, be ordering any adaptive clothing. If you do require any assistance with this process please let us know and we will see what we may do to help you.

Here is a list of some great resources should you or someone you know require this type of specialized clothing.

Silvert's Clothing https://www.silverts.com

Geri Fashions

https://gerifashions.com

Tommy Hilfiger Adaptive

https://usa.tommy.com/en/tommy-adaptive

Amazon

https://www.amazon.ca/









TOMMY ADAPTIVE



Ula Bartlett
Phillip Boadwin
Eric Nylund
Phyllis Williamson

Amy Moore, Supervisor Programs and Support

What's happening in Creekview??

This past month has been very busy with Creekview embracing the fall season through programs. This past month we enjoyed an outing to Richardson's Pumpkin Farm and the residents enjoyed picking out the best pumpkins for the pumpkin carving competition for Halloween.

Also, last month, the resident's enjoyed cooking breakfast at our Breakfast Club program. It was a great morning with lots of laughs.









Dietary

As the chilly weather has now arrived, we are excited to roll out our new fall/winter menu. Our team works collaboratively and completes many steps before each menu is implemented. We always ensure they align with our residents' nutritional needs and food preferences within the budgetary and operational capacity at Grandview Lodge. We will also be celebrating Remembrance Day on November 11th with a special meal.

Wounds & Nutrition

Did you know adequate nutrition and hydration play an important role to help maintain healthy skin, heal wounds faster and prevent future skin breakdown? As we age, the outer layer of the skin becomes thinner, collagen levels decrease causing decreased firmness, elasticity decreases causing the skin to wrinkle and become more dry, and the pH changes causing the skin to be more susceptible to bacterial growth and infections.

Risk Factors of Skin Breakdown in Older Adults:

- immobility
- incontinence
- inadequate hydration
- poor nutrition
- decreased cognition
- poor circulation

Role of Nutrition & Hydration in Wound Healing

Residents with wounds have higher protein, calorie, and hydration needs to promote the growth of new tissue and faster recovery. At Grandview Lodge, we have high energy/high protein pudding and milk, protein powder, oral nutrition supplements, and fortified cereal. Some examples of fluids include ice-cream, yogurt and jello!

Where possible, try to always offer food first. If a resident refuses to eat, offer an alternative menu choice or something that contains a protein source:

- cheese and crackers
- cereal and milk
- glass of milk/chocolate milk
- yogurt
- ice-cream
- peanut butter and jam on toast
- ham sandwich

Taryn Lynn & Brooklyn Seal

Supervisor, Dietary Services & Dietician

Facility Operations



With the fall season upon us, we ask that any new clothes being dropped off are identified to staff so we can do our best to have all of those personal belongings cleaned and labelled as quickly as possible. This time of year brings a large volume of clothes for staff to manage. We would like to ask, if you are visiting a loved one, that you take some time to purge any clothes that just might be taking up space in a closet to make room for any new clothing.

We really appreciate your cooperation. If you have questions, please don't hesitate to reach out to me.

Kellen Mowat

Supervisor, Environmental Services

With heavy hearts

We said goodbye to: Kathleen Joan Beale

Alma McDaniel

Karel Mylle

Dorothy Weston







- ✓ 3rd Ken Lightheart Performs HV/BV
- ✓ 10th Breakfast Club HV
- ✓ 11th Remembrance Day
- ✓ 16th Fifty's Day, come dressed in your best 50's outfit
- ✓ 17th Breakfast Club CV
- ✓ 24th Jack Coulson CV/MV
- ✓ 25th Breakfast Club MV

GRANDVIEW LODGE

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Web: www.haldimandcounty.ca

Mission Statement:

"With comfort, compassion and care, Grandview Lodge Community supports a meaningful life for residents."

Contact us: MANAGEMENT:

Administrator

Jennifer Jacob Ext 2224

Supervisors, Dietary Services

Taryn Lynn Ext 2228 Kristen VanKuren Ext 2237

Dietitian

Brooklyn Seal Ext 2240

Director of Nursing

Jelte Schaafsma Ext 2234

Assistant Director of Nursing

Supervisor, Facility Operations

Kellen Mowat Ext 2241

Supervisor, Programs & Services

Amy Moore Ext 2233

ADMINISTRATION:

Resident Services ClerkExt 2221Accounts ClerkExt 2222Administrative AssistantExt 2223

NURSES STATIONS:

Bridgeview Ext 2238
Creekview Ext 2262
Hillview Ext 2247
Marshview Ext 2261

RECREATIONISTS:

Nicole Leeney, HV Ext 2303
Bev Little, CV Ext 2300
Gayle McDougall, BV Ext 2302
Megan Herkimer, MV Ext 2301





Charles McKay Barbara Vanfleet Thelma Ward



Physicians

Dr. Kamouna Attending Physician/

Medical Director

Dr. Ezzat Attending Physician

Upon request, the Director of Nursing may attend Physician appointments held at Grandview Lodge. Please see the registered staff in your home area.

The following services are available at Grandview Lodge:

Khurrum Khan Physiotherapist Bobbi-Jo Biggley Hairdresser &

Barber

Lisa Mederios, RPN Foot Care Dr. McDonough Dentist

Rosanne Turenne, RDH Dental Hygienist

For more information regarding the above services or to book transportation for an off-site medical appointment (we have a van, fees apply), please call Lori Beale, 905 774-7547, ext. 2221.