



# Grand Viewpoints

December 2021

## *Administrator's Message*

On Friday, November 26, 2021, the World Health Organization (WHO) designated the B.1.1.529 (Omicron) variant of the SARS-CoV-2 virus as a Variant of Concern (VOC). The Omicron variant has recently spread rapidly in southern Africa and has been detected in several other countries, including two cases that have now been identified in Ontario.

Further, in a memo sent out on Monday, November 29th about the Omicron variant of concern, the Government of Canada announced on November 30, 2021, that Egypt, Nigeria and Malawi have been added to the list of countries with additional travel restrictions. All travelers who have been in the 10 identified countries in Africa in the 14 days before travelling to Canada will be subject to enhanced testing, screening, and quarantine measures. As such, anyone who has travelled to these countries (and any other country identified by the federal government), regardless of vaccination status, is not permitted to enter a long-term care home until they are released from quarantine by the federal government, as they are not permitted to leave their place of quarantine. This includes people intending to visit palliative residents. The ministry continues to actively monitor the evolving situation.

As a result, the federal government is implementing enhanced measures for all travelers who have been in the following ten countries within 14 days prior to their arrival in Canada:

- South Africa
- Eswatini
- Lesotho
- Botswana
- Zimbabwe
- Mozambique
- Namibia
- Egypt
- Nigeria
- Malawi

Under direction from the Public Health Agency of Canada (PHAC), anyone arriving in Canada after visiting any of these countries in the previous 14-days must immediately have a PCR test for COVID-19 and quarantine for 14-days from the date of their arrival, regardless of their vaccination status. They must also be tested again on day eight of their quarantine. Further, anyone who entered Canada from any of these countries in the past 14-days prior to the implementation of these new measures will be contacted by PHAC and directed to be tested and quarantine while they wait for the results of those tests.

We want to remind visitors and staff of the critical importance of continuing with active screening of anyone entering a long-term care home.

Effective immediately all homes must ensure that as part of active screening, **any person who has travelled to any of the ten countries listed above in the previous 14-days is prohibited from entering the home until they are released from quarantine by the federal government.**

For anyone travelling to the USA or to other countries other than the countries identified above, please note as a precaution Grandview Lodge requests proof of a negative COVID-19 test upon your return to Canada and requests that this be provided during the screening process. We will accept the required PCR test for those who were on an extended vacation or we will administer a rapid test here at the home for those who visited another country (USA) but did not stay longer than 72 hours.

Your participation to meet vaccine requirements, active screening measures, surveillance testing including random testing of fully immunized individuals to help detect possible breakthrough cases, and strong IPAC practices is essential to establishing a strong level of protection in home.

**Please note:** Long-term care homes have been directed to withhold sending new co-payment rate notices to their residents pending further information from the ministry. Further information is expected to be provided shortly regarding the applicable co-payment rates effective on January 1, 2022. We will send out information as soon as we receive it.



*Finally,*

I want to take a moment to reflect on how far we have come in the last year. While we are not back to our pre-COVID style of celebrating, we are excited that residents, family and friends will have an opportunity to spend time together in person over the holidays this year.

The staff of GVL are looking forward to celebrating with you all once again and they have been working on plans to make this holiday "full of light". We are truly blessed to have a staff who care enough to go above and beyond in the interest of our Residents. I hope you will all have an opportunity to enjoy the festive decor and events of the home.

As the hustle and bustle of shopping, and family gatherings start to ramp up, please remember to protect yourself and our residents by socially distancing when possible, wearing masks while moving about in public and most importantly increase your hand hygiene practices.

Thank you to everyone who continues to make Grandview Lodge feel like home and the people in it feel like family.



**Jennifer Jacob,**  
**Administrator**



*You are cordially invited to our  
Grandview Lodge  
Family Christmas Party's*

*Creekview & Marshview  
Tuesday December 14, 2021  
7:00 pm*

*Bridgeview & Hillview  
Thursday December 16, 2021  
7:00 pm*

*All Families are welcome to spend a cozy  
Christmas evening with their loved one.  
Dress warm to see the Christmas Lights in  
Centennial Gardens*

*Please RSVP to:  
Nicole for Hillview/Bridgeview  
905-774-7547 ext. 2303  
Megan for Marshview/Creekview  
905-774-7547 ext. 2301*

### ***Programs and Support***

It is hard to believe that 2021 is nearing an end! We have been through many trials and tribulations in the last couple of years but finally we are really starting to feel a sense of normalcy again within our home. We are very excited to be able to have our Christmas Galas back again. We will be having Creekview and Marshview's Galas on December 14<sup>th</sup> at 7:00 p.m. and Hillview and Bridgeview will be on December 16<sup>th</sup> at 7:00 p.m. The Galas will be in the auditorium this year as this will allow for social distancing. Families are welcome to attend but please call the recreation team member on your loved one's home area to confirm your attendance. Please see the poster in this newsletter for contact information. That evening you will also have an opportunity to visit our 2<sup>nd</sup> Annual Winter Wonderland in Centennial Gardens. Please dress for the weather and/or bring in some warmer clothes for your loved one.

Starting on December 16<sup>th</sup> our family dining room, family suite, boardroom, auditorium and gathering room are all available to book again for any special event that you or your family might want to have here at Grandview Lodge. Please contact Lori Beale at ext. 2221 for assistance with the bookings.

Check out Megan Herkimer's poster regarding our coffee program. We are back and starting in December, every Monday, Wednesday and Friday. Megan has worked very hard at re-establishing this program so please come check it out and support it if you can.

One of our volunteers, Beth Rowland, has been working very hard behind the scenes with our Annual Christmas Stocking program. If you would like to donate items for this amazing program please contact Beth Rowland at 1-905-701-2453 or myself at ext. 2233.

We look forward to seeing you at our Galas!

**Amy Moore**  
**Supervisor Programs & Support**



Patricia Alfieri  
Teddy Bergsma  
Winifred Gallant  
Dorothy Hare  
Jim Lofstrom  
Phyllis Marr  
Elaine O'Hagan  
Ruby Ricker  
Grace Thatcher

### **Dietary**

Due to some extenuating circumstances, the Fall/Winter menu start date has been postponed until December 13<sup>th</sup> and will begin on Week 3. At the November Food Committee Meeting, Residents were given printed copies of what to expect from the new menu. Some new menu items include: Egg & Peameal Breakfast Sandwiches, Chicken Quesadillas, Sloppy Joes, Chicken Balls with Spring Rolls and Broccoli, Fried Chicken, Captain Burgers, and Eggplant Parmigiana. We look forward to gaining valuable menu feedback in December and January.

### **The Power of Food**

- Food can contribute to one's identity, spark memories and joy, provide comfort and bridge a connection to family and home

### **Celebrate!**

- Celebrating and sharing different cultural foods can help build a sense of community
- Residents are always excited to share with others the foods they ate growing up
- We celebrate diversity through menu planning by providing special menu items for holidays and celebrations

Speaking of holidays.... Christmas is right around the corner! Grandview Lodge Residents recently had the opportunity to decide the special menus for Christmas and New Years. Our Christmas meal will be held during Lunch this year. The Residents' first choice is Roast Turkey with Gravy, Cranberry Sauce and Stuffing. Accompanied by Garlic Mashed Potatoes, Steamed Broccoli and Cauliflower, Dinner Rolls, and Cherry Cheesecake for Dessert. The alternate choice for Christmas will be Pineapple Glazed Ham with Scalloped Potatoes, Turnips, and Mandarin Oranges for Dessert. We will be having a special New Years dinner for Residents on December 31<sup>st</sup> 2021. The Residents asked for Steak, Baked Potatoes with Sour Cream, Steamed Asparagus, and Ambrosia for Dessert. The alternate choice will be Baked Chicken Breast with Chalet Sauce, Garlic Mashed Potatoes, a medley of Baby Carrots & Green Peas, and Strawberries for Dessert. After all, the Holidays are a time for indulging!

At last, we are finally able to take bookings of the private gathering rooms at Grandview Lodge again. These areas are meant to be used for small gatherings with Residents and their families over the Holiday Season. We continue to follow the guidelines of Public Health where masks must **not** be removed if you are not fully vaccinated. Please feel free to bring in homemade meals and, if fully vaccinated, enjoy them with your loved one in one of these spaces. It's a good idea to book early to ensure your requests can be accommodated.

To purchase Meal Tickets for both Christmas and New Years meals please see Lori Beale, Resident Services Clerk, in the front lobby. Tickets are \$13.00 and will be available up until the end of business on December 17<sup>th</sup> 2021. Please note that there is a maximum of 2 guests per resident to ensure we are able to maintain proper IPAC protocols.

You may also see Lori to inquire about the availability of private gathering spaces.

**Taryn Lynn & Brooklyn Seal**  
**Supervisor, Dietary Services & Dietician**

### **What's Happening in Marshview**

There is a reason for everything we do here at Grandview Lodge, even small things like a cup of coffee. Life is getting back to normal and the home is slowly opening up so we are welcoming back our Coffee Program this December!

The Coffee Program will be running every Monday, Wednesday, Friday, excluding all the holidays. Coffee, Tea, and Hot Chocolate will be \$1.25 each. Treats will vary in price, so please look at the price board by the cart! The cart will be located in front of the Main Kitchen, in the Main Hallway for easy access by everyone. Everything will be individually packaged and we encourage all, including the Residents, to use hand sanitizer, before and after making a purchase.

You may have questions, so let me help you better understand why we do what we do for the Coffee Program.

The area known as Marshview has a younger population. It is important to make everyone feel like they belong here, because this is their home, right? The younger population may be missing out on "work life", or feeling like they don't belong because they are in a different age group, or having a harder time making connections with co-residents, staff and families. We gear this program toward the younger population's skills, functional abilities, and leisure interests, based on research of younger populations living in long-term care.

We provide the eight factors that help improve the quality of life for the younger population.

1. Community Involvement
2. Age-Appropriate Recreation and Leisure Programs
3. Social Contact
4. Mental Health Support
5. Enhanced Rehabilitations
6. Family Collaboration
7. Specialized Staff training, and
8. Self- Determination

The importance of looking at these eight factors help with the outcome of the program by:

- Having individualized programs rather than group programs
- Customizing to the individual needs and preferences of the Residents
- Creating independence, autonomy and maximizing Resident choices
- Developing skills based on functional abilities



The poster features a photograph of coffee beans spilling from a glass cup. The text is arranged in a clean, modern layout with a mix of fonts and colors (black, red, green) to highlight key information.

**Grandview Lodge**  
**COFFEE PROGRAM**

Our Coffee Program is run by the residents, for the residents and staff at Grandview Lodge!

It's more than just a cup of joe, though!

By participating in our coffee program, your loved one benefits from:

*Starting in December*  
MONDAY • WEDNESDAY • FRIDAY  
9 am - 11 am

- ✓ DECISION MAKING
- ✓ INCREASE OF INDEPENDENCE
- ✓ AUTONOMY DEVELOPMENT
- ✓ FINANCIAL INDEPENDENCE  
Partial proceeds go back to the residents participating
- ✓ MAINTAINED SKILLS BASED ON FUNCTIONAL ABILITIES

**TREATS • COFFEE • TEA • COCOA**

- Developing a social role through the Coffee Program

By buying a hot beverage or a treat you will be helping:

- Residents, who are still able to work, be involved in work that is in a controlled environment that can promote decision-making, and develop work related skills
- To develop autonomy through social roles with work like tasks
- Residents progress toward independence in the work programs; that includes minimal supervision
- Residents to use and develop skills they can use in their everyday personal lives

So please come support the community of Grandview Lodge by supporting the Coffee Program. Buy for yourself, your loved one, or pass on the kindness to someone in passing. It may just seem like a simple task, but it's more than just an average "Cup of Joe"!

**Megan Herkimer**  
***Program Recreationist***



With heavy hearts  
We said goodbye to:  
**Thomas Dougherty**  
**Clinton Street**



- 🍪 7<sup>th</sup> Christmas Lights Tour MV/CV 6 pm
- 🍪 14<sup>th</sup> Christmas Gala MV/CV 7-8 pm
- 🍪 16<sup>th</sup> Christmas Gala HV/BV 7-8 pm
- 🍪 22<sup>nd</sup> Christmas Lights Tour HV/BV 6 pm
- 🍪 23<sup>rd</sup> Linda Tamburri 1:30 – 3:30



**Reginald Bentley**  
**Milton Grasley**  
**Joseph Cyr**

**GRANDVIEW LODGE**

657 Lock St W  
Dunnville ON N1A 1V9

Phone: 905 774-7547  
Fax: 905 774-1440  
Web: www.haldimandcounty.ca

**Mission Statement:**

“With comfort, compassion and care, Grandview Lodge Community supports a meaningful life for residents.”

**Contact us:**

**MANAGEMENT:**

**Administrator**

Jennifer Jacob Ext 2224

**Supervisors, Dietary Services**

Taryn Lynn Ext 2228

Kristen VanKuren Ext 2237

**Dietitian**

Brooklyn Seal Ext 2240

**Director of Nursing**

Jelte Schaafsma Ext 2234

**Assistant Director of Nursing**

**Supervisor, Facility Operations**

Kellen Mowat Ext 2241

**Supervisor, Programs & Services**

Amy Moore Ext 2233

**ADMINISTRATION:**

Resident Services Clerk Ext 2221

Accounts Clerk Ext 2222

Administrative Assistant Ext 2223

**NURSES STATIONS:**

Bridgeview Ext 2238

Creekview Ext 2262

Hillview Ext 2247

Marshview Ext 2261

**RECREATIONISTS:**

Nicole Leeney, HV Ext 2303

Bev Little, CV Ext 2300

Gayle McDougall, BV Ext 2302

Megan Herkimer, MV Ext 2301



**Physicians**

Dr. Kamouna Attending Physician/  
Medical Director  
Dr. Ezzat Attending Physician

Upon request, the Director of Nursing may attend Physician appointments held at Grandview Lodge. Please see the registered staff in your home area.

**The following services are available at Grandview Lodge:**

Khurrum Khan Physiotherapist  
Bobbi-Jo Biggley Hairdresser & Barber  
Lisa Mederios, RPN Foot Care  
Dr. McDonough Dentist  
Rosanne Turenne, RDH Dental Hygienist

For more information regarding the above services or to book transportation for an off-site medical appointment (we have a van, fees apply), please call Lori Beale, 905 774-7547, ext. 2221.

