



## GRAND *Viewpoints*

### *Message from the Administrator for March 2022*

Please join me in welcoming back Dana Swan as our Infection Prevention and Control Coordinator.

The Ministry of Long-Term Care has mandated that every home have a full time designated IPAC Lead whose main focus is IPAC. GVL was able to use, new in 2022, Allied Health Professionals Funding to support this position.

Previously GVL had an IPAC Lead RPN – Laura Cornwall, but this position was not full time and often was pulled from IPAC duties on her designated days to work on the floor due to staffing shortages. Going forward, Laura will continue to be our nursing representative for the IPAC committee and she & Dana have already established a very collaborative working relationship.

The MLTC has increased IPAC requirements under the new legislation, *Fixing Long-term Care*, and Dana will be responsible to ensure GVL is in compliance.

Dana will be conducting audits on the home areas, providing training and education to staff, residents and families, as well as looking for ways to engage our residents in IPAC jobs around the home. Dana will assume the lead in our outbreak management and directly reports to the Director of Nursing.

We're pleased to have you back, Dana!

*Jennifer Jacob,  
Administrator*

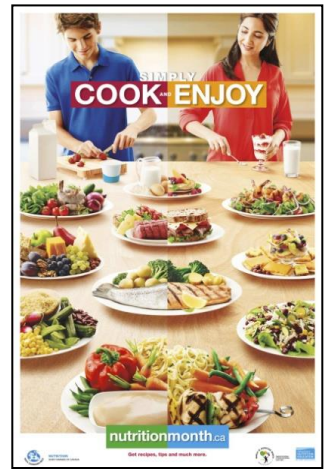
A background image of several bright yellow tulips with green stems and leaves, set against a soft, out-of-focus background.

*Spring Ahead March 13<sup>th</sup>*

## March is Nutrition Month!

For 40 years, Nutrition Month has been promoting the role and value of Dietitians across Canada. A different theme is selected each year by Dietitians of Canada (DC) based on an environmental scan of the environment and with input from dietitians and DC members. Last year, we celebrated “Good for You”, which centred on the idea that healthy eating looks different for everyone.

This year, we will be exploring the key “ingredients” needed to change our food systems for a healthier tomorrow. From food security to food literacy and food sovereignty, to sustainable food choices, and nutrition and prevention, we can create a healthier food system for our community and planet.



We encourage you to ask yourself if you influence change within the food system and how you can help your family/friends/communities/workplace live a healthier tomorrow. At Grandview Lodge, the dietary department contributes in the following ways:

- Reducing food waste – We have recently improved our production practices by utilizing our food service management software to better forecast and reduce the amount of food we generate.
- Buying local and less pre-packaged products – We seek opportunities to buy local, fresh foods like corn on the cob from Richardson’s Farm & Market in the summer months! We have also recently started making all our soups homemade in-house rather than outsourcing.
- Providing a balanced diet – Our menus are reviewed by our Registered Dietitian to ensure our resident’s nutritional needs are met. By including nutritious whole foods such as fruits, vegetables, whole grains, legumes, milk, yogurt, cheese, fresh meats, poultry and fish, the environmental impact is reduced.
- Including plant based options – Our current menu includes veggie burgers, veggie lasagna, and eggplant parmesan. Although these may not be a favourite for everyone, plant based foods contribute to less greenhouse gas emissions and support sustainability.

Interested in learning more about this year’s theme: **Ingredients for a Healthier Tomorrow**? Keep your eyes peeled for our display mid-March near the kitchen. We will have resources, recipes, a contest and even a tasty treat. Happy Nutrition Month!



*Taryn Lynn,  
Supervisor Dietary Services  
Brooklyn Seal,  
Dietitian*

## Tax Time

It's that time of year again!

You should have received the Summary of Accommodation Charges with the March Bill. If you did not, please contact the front office for a copy.

A reminder that Grandview Lodge is a Municipal Home and they do not pay property tax, therefore you **MUST** claim the entire Summary of Accommodation Charges under the Medical Expenses portion of the Income Tax Form.

If you need further information, please contact Pamela at [pbonnett@haldimandcounty.on.ca](mailto:pbonnett@haldimandcounty.on.ca) or (905) 774-7547 ext. 2222. The hours are Monday, Tuesday and Thursday 8:30 am - 4:30 pm.

*Pamela Bonnett,  
Accounts Clerk*

## Good Time to Start Planning



### Closet Clean-Out

Spring will soon be here and it will be time to exchange your loved one's heavy winter clothing for lighter, more comfortable clothes.

As all clothing is washed and returned to residents within 48-hours, we recommend that only seven sets of seasonal clothes are kept here, as our closet space is limited.

*Kellen Mowat,  
Supervisor, Facility Operations*

## Happy Birthday to You!

Debra Armstrong  
Betty Bristo  
Susan Cheese  
Barbara Cronk  
Edna Esselment  
William Fletcher  
Milton Grasley  
Helen Hare  
Roger Pears  
Robert Shaver  
William Walton



## Welcome these Residents!

Edna Esselment  
Eileen Bunn  
Roger Pears



## Programs

Thank you to everyone who participated in last month's Therapeutic Recreation awareness week festivities. Our Therapeutic Recreation students (Billie & Sophia) created a great display of information regarding this discipline. Pictured below are Alice Horton, who won a gift basket for answering the most correct answers on our TR quiz, and Daniela Grimaldi who had the highest score on our OBIE competition. **Congratulations** to our winners!



In March, we look forward to having our Breakfast Clubs back, Marshview will be March 2nd, Hillview will be on March 9<sup>th</sup>, Bridgeview will be on March 16<sup>th</sup> and Creekview will be on March 23<sup>rd</sup>. We will also be celebrating St. Patrick's Day on March 17<sup>th</sup>.

Residents' Council will meet on March 24<sup>th</sup> at 10:00 a.m.

We are looking for additional members to sit on our Family Council. The Grandview Lodge Family Council is dedicated to the promotion and improvement of the health, welfare and happiness of all residents within the home. Family Council's purpose is to inform and educate, investigate concerns,

RESOLUTIONS exchange networking  
activities quality of life QUALITY OF CARE  
FAMILY COUNCIL  
engagement sharing SUPPORT  
improvements

share ideas, act on issues and communicate the needs of residents. If this sounds like something you are interested in, and you would like to join us for the next meeting on March 29<sup>th</sup> at 6:00 p.m., please contact Amy Moore directly at 905-774-7547 ext. 2233 or [amoore@halidmandounty.on.ca](mailto:amoore@halidmandounty.on.ca). At this time meetings are taking place virtually for now but in-person may resume soon!

*Amy Moore,  
Supervisor, Programs & Services*

## *Nursing*

The Ministry of Health and Long-Term Care does not require staff and visitors to wear eye protection (shields and goggles) anymore, unless the Home is in Outbreak.

Please note that effective immediately, staff and visitors do not require eye protection unless:

- Provision of direct care within 2 metres of residents in an outbreak area
- Provision of direct care to residents with suspect or confirmed COVID-19
- A Point of Care Risk Assessment indicates that eye protection is required \*
- Staff or visitor chooses to wear eye protection

\* Point of Care Risk Assessment (PCRA): Performing a PCRA is the first step, for all staff, in routine practice with all residents, for all care, and all interactions. This will help you decide what PPE you need to wear to protect yourself and to prevent the spread of germs.

Please note that we are allowing 3 visitors (including caregivers) per resident at a time. Visitors ages 5+ must have 2 vaccines.

Social day absences are allowed for all residents; social overnight absences are allowed for residents with at least 3 vaccine doses.

*Jelte Schaafsma,  
Director of Nursing*

Grandview Lodge Residents, Families & Staff, we hope you will be able to hop on over and join our Easter Egg Hunt on Saturday April 16<sup>th</sup> from 10:00 am – 12:00 pm. Pending weather conditions (and any possible changes in MOHLTC mandates), there will be various activities and games in the Grandview Lodge Centennial Gardens.

This event is open to children 10 years of age and under. **You must register all children ahead** of time at the GVL Front Reception Desk with Lori Beale or call 905-774-7547 ext. 2221. All registrations must be in by Friday April 8<sup>th</sup>. Remember to bring your camera for a picture with the Easter Bunny.



***More details to follow... Stay Tuned!***

## *Why is Memory so Important?*

We, as a society, really take memory for granted. Memory certainly is not a simple process and our day to day living is affected immensely if we do not have a memory. Memory gives us our 'sense of self,' who we are as a person. Memory also has a great influence on our behaviour. Let me give you some insight as to what memory really means to each and everyone of us.

Some of the following information provided was obtained from the textbook "***Cognition. Exploring the Science of the Mind***" by **Daniel Reisberg**. This information really makes us think of our family members and/or clients that have Alzheimer's disease or memory deficits due to dementia and how much we expect of them. We get frustrated with them and feel that their inappropriate behaviour is intentional when in fact they have little or no control over it. Individuals with dementia get blamed for the symptoms of their disease because we do not understand the symptoms. It is so unfortunate that we do this as we would never get angry at someone with cancer for vomiting or having pain. Often in obituaries of those that die from cancer the individual is praised for the 'courageous battle they put forth in fighting cancer,' but we do not feel the same way if the individual had Alzheimer's disease. Seldom is Alzheimer's disease even mentioned in their obituary, as if it is a dirty little secret. There is a great stigma when it comes to having a disease of the mind.

As we live our lives from day to day, we draw from our storehouse of knowledge to understand situations we come across. Memory is crucial for these activities.

### ***The Montessori Philosophy of Care***

Grandview Lodge embraces the Montessori Philosophy of Care. It is our goal that all our staff are trained on the Montessori Philosophy in order to maximize the benefit for our residents, and ensure the principles are utilized on a consistent basis.

In 2022 we will be offering training sessions for new GVL staff.



## GRANDVIEW LODGE

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Phone: 905 774-7547  
Fax: 905 774-1440  
Web: [www.haldimandcounty.ca](http://www.haldimandcounty.ca)

### Mission Statement:

“With comfort, compassion and care,  
Grandview Lodge Community supports a  
meaningful life for residents.”

## Contact us:

### MANAGEMENT:

#### Administrator

Jennifer Jacob Ext 2224

#### Supervisors, Dietary Services

Taryn Lynn Ext 2228

Kristen VanKuren Ext 2237

#### Dietitian

Brooklyn Seal Ext 2240

#### Director of Nursing

Jelte Schaafsma Ext 2234

#### Supervisor, Facility Operations

Kellen Mowat Ext 2241

#### Supervisor, Programs & Services

Amy Moore Ext 2233

### ADMINISTRATION:

**Resident Services Clerk** Ext 2221

**Accounts Clerk** Ext 2222

**Administrative Assistant** Ext 2223

### NURSES STATIONS:

Bridgeview Ext 2238

Creekview Ext 2262

Hillview Ext 2247

Marshview Ext 2261

### RECREATIONISTS:

Gayle McDougall, HV Ext 2303

Megan Herkimer, CV Ext 2200

Bev Little, BV Ext 2302

Nicole Leeney, MV Ext 2301



With heavy hearts we  
said goodbye to:

Maria Skrip  
Norma Allison

## Physicians

Dr. Kamouna Attending Physician/  
Medical Director

Dr. Ezzat Attending Physician

Upon request, the Director of Nursing may attend  
Physician appointments held at Grandview Lodge.  
Please see the registered staff in your home area.

### The following services are available at Grandview Lodge:

Khurram Khan Physiotherapist

Bobbi-Jo Biggley Hairdresser & Barber

Lisa Mederios, RPN Foot Care

Dr. McDonough Dentist

Rosann Turrene, EDH Dental Hygienist

For more information regarding the above services  
or to book transportation for an off-site medical  
appointment (we have a van, fees apply), please call  
Lori Beale, 905 774-7547, ext. 2221.

